

## ABS Aspire Monthly Newsletter

### About ABS Aspire

The project aims to evaluate the different breast pain management pathways across sites in the UK and Ireland

### Phase 1 of the study is closed!

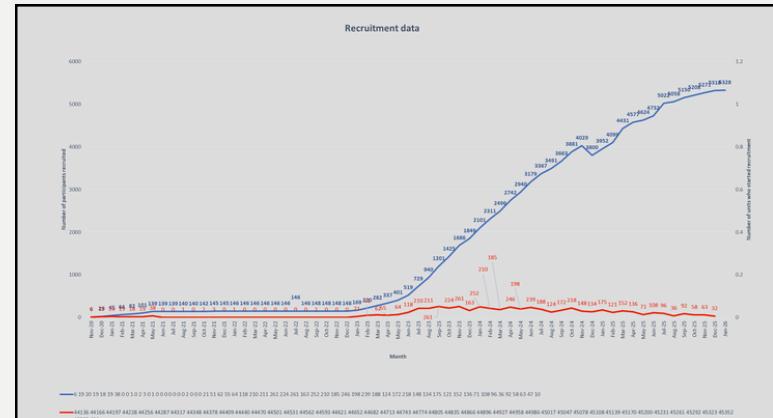
Phase 2 has started, which is the one year follow-up data.  
Please see protocol on instructions on how to proceed.

#### PATHWAYS & PARTICIPATING SITES X

- **Dedicated breast pain pathway:** face to face appointment with a clinician. (West Hertfordshire, Surrey & Sussex, Princess Alexandra, Yeovil, North Tees & Hartlepool, Sherwood Forest, Clyde, St Vincent's, London North West, Prince Philip, Shrewsbury & Telford, Hampshire (RIS), North Cumbria, High Wycombe)
- **Telephone:** telephone assessment and mammogram for >40s. (MFT, Bolton, Lanarkshire, Plymouth, Macclesfield, Tameside, Hampshire (2WW), Wigan)
- **Self-managed:** Given information and self managed for a period of time. (Leeds, Torbay & South Devon)
- **GP Managed:** Breast pain patients managed entirely by GPs.
- **Imaging Only:** Participants sent letter to have mammogram, not examined. (St Vincent's, Royal Marsden (over 40s), Hull)
- **Control (2WW/ OSC):** (Bart's, High Wycombe, Southampton, Hull, Gateshead QE)

### UPDATES

- Number of sites recruiting: 30
- Total recruited: 5348
- Protocol paper published, to view please click [here](#)



## How to Fill the 12 Month Follow-up Questionnaire

Editing existing Record ID (auto generated) 1.

Record ID (auto generated)	1
ASPIRE Study ID	<input type="text"/>
Has the patient re-presented to local secondary care breast services in the 12 months following their breast pain assessment ?	<input checked="" type="radio"/> Yes <input type="radio"/> No
If yes, was this for:	<input type="radio"/> Breast pain only <input type="radio"/> Other breast Symptoms
Additional Symptoms - if Breast pain was not the sole presenting symptom	
How many times has the patient been seen for <b>breast symptoms</b> in the breast clinic since their breast pain assessment?	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 3+
Has the patient had further unplanned imaging since their assessment?	<input type="checkbox"/> Mammogram <input type="checkbox"/> USS <input type="checkbox"/> Tomosynthesis <input type="checkbox"/> MRI <input type="checkbox"/> No Imaging
Has the patient had a screening mammogram?	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> Unknown
Has the patient had an unplanned biopsy since their assessment?	<input type="radio"/> Yes <input type="radio"/> No
Has the patient subsequently been diagnosed with a cancer?	<input type="radio"/> Yes <input type="radio"/> No
Other comments	<input type="text"/>

Fill the ASPIRE ID in  
the original  
questionnaire

Select Yes if the patient has returned to the clinic within 12 months of their first appointment.

Select all options that apply if the patient underwent breast screening, a mammogram, or a biopsy within the 12 months preceding their first appointment

Click below for Database Link: <https://redcap.mft.nhs.uk>

PLEASE EMAIL FOR MORE INFORMATION: [ABS.ASPIRE.PROJECT@GMAIL.COM](mailto:ABS.ASPIRE.PROJECT@GMAIL.COM)