#### MONTHLY NEWSLETTER

December 2024

# ABS ASPIRE MONTHLY NEWSLETTER

### ABOUT ABS ASPIRE

The project aims to evaluate the different breast pain management pathways across sites in the UK and Ireland

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#### **Q** PATHWAYS

- **Dedicated breast pain pathway:** face to face appointment with a clinician
- **Telephone:** telephone assessment and mammogram for >40s
- **Self-managed:** Given information and self managed for a period of time
- **GP Managed:** Breast pain patients managed entirely by GPs
- Imaging Only: Participants sent letter to have mammogram, not examined
- Control (2WW/ OSC)





## UPDATES

- Number of sites onboarded: 2
- Number of sites recruiting: 28
- We have now recruited over 3800 participants!
- Total recruited: 3845
- End of recruitment: TBD
- Protocol paper published, to view please click <u>her</u>e



## Participating sites:

- **Telephone:** MFT, Bolton, Lanarkshire, Plymouth, East Cheshire, Tameside
- Dedicated breast pain clinic: Surrey & Sussex, Princess Alexandra, Yeovil, Royal Wolverhampton, North Tees & Hartlepool, Wessex/HHFT, Sherwood Forest, Clyde, St Vincent's, London North West, Prince Philip, East & North Hertfordshire, Belfast Shrewsbury & Telford
- **GP Managed:** Hull, James Paget (not fully onboarded), Guildford
- **Self-managed:** Leeds, Wessex/HHFT, Royal Marsden (Under 40s), Torbay & South Devon
- **Imaging only**: St Vincent's, Royal Marsden (over 40s)
- Control: Bart's, High Wycombe, Southampton, Mid & South Essex, King's College, Hull, Gateshead QE