

ABS ASPIRE

MONTHLY NEWSLETTER

ABOUT ABS ASPIRE

The project aims to evaluate the different breast pain management pathways across sites in the UK and Ireland

Q PATHWAYS & PARTICIPATING SITES x

- **Dedicated breast pain pathway:** face to face appointment with a clinician. (West Hertfordshire, Surrey & Sussex, Princess Alexandra, Yeovil, North Tees & Hartlepool, Sherwood Forest, Clyde, St Vincent's, London North West, Prince Philip, Shrewsbury & Telford, Hampshire (RIS), North Cumbria, High Wycombe)
- **Telephone:** telephone assessment and mammogram for >40s. (MFT, Bolton, Lanarkshire, Plymouth, Macclesfield, Tameside, Hampshire (2WW), Wigan)
- **Self-managed:** Given information and self managed for a period of time. (Leeds, Torbay & South Devon)
- **GP Managed:** Breast pain patients managed entirely by GPs.
- **Imaging Only:** Participants sent letter to have mammogram, not examined. (St Vincent's, Royal Marsden (over 40s), Hull)
- **Control (2WW/ OSC):** (Bart's, High Wycombe, Southampton, Hull, Gateshead QE)

UPDATES

- Number of sites recruiting: 30
- We have now recruited over 4500 participants!
- Total recruited: 4570
- Recruitment is ongoing!
- Protocol paper published, to view please click [here](#)



Click below for Database Link:
<https://redcap.mft.nhs.uk>

PLEASE EMAIL FOR MORE INFORMATION:
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