

**ABS Northern Regional Meeting**  
**15<sup>th</sup> October 2026**  
**St James' Park, Newcastle**

**Provisional Programme**

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| <b>9.30 – 10.00</b>  | <b>Registration</b>  |
| <b>Session 1</b>     |  |
| <b>10.00 – 10.05</b> | <b>Introduction</b><br>Rob Milligan and Caroline Tweedie             |
| <b>10.05 – 10.25</b> | <b>ABS Update</b><br>Lynda Wyld                                      |
| <b>10.25 – 10.35</b> | <b>Mammary Fold Update</b><br>Speaker tbc                            |
| <b>10.35 – 10.55</b> | <b>Why Research isn't Boring</b><br>Henry Cain                       |
| <b>10.55 – 11.10</b> | <b>ALCL update and case study</b><br>Speaker tbc                     |
| <b>11.10 – 11.20</b> | <b>Q&amp;A</b>   |
| <b>11.20 – 11.45</b> | <b>Tea and Coffee Break</b>  |
| <b>Session 2</b>     |  |
| <b>11.45 – 12.05</b> | <b>Veracyte Sponsored Talk -OPTIMA Trial Results</b><br>Speaker tbc  |
| <b>12.05 – 13.05</b> | <b>Panel discussion to be confirmed</b>                              |
| <b>13.05 – 13.15</b> | <b>Q&amp;A</b>   |
| <b>13.15 – 14.05</b> | <b>Lunch</b>   |
| <b>Session 3</b>     |  |
| <b>14.05 - 14.25</b> | <b>ABS Nursing Update and Workforce Survey Results</b><br>Katy Ellis |
| <b>14.25 – 15.10</b> | <b>Happiness</b><br>Andy Cooper                                      |
| <b>15.10 – 15.30</b> | <b>Tea and Coffee Break</b>  |
| <b>Session 4</b>     |  |

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|----------------------|--|
| <b>15.30 - 15.50</b> | <b>Preparing for more than treatment: The case for breast cancer prehabilitation</b><br>Caroline Tweedie |
| <b>15.50 – 16.10</b> | <b>Treatable Not Curable</b><br>Speaker tbc  |
| <b>16.10 – 16.15</b> | <b>Close of meeting</b>  |

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