

**ABS Northern Regional Meeting**  
**15<sup>th</sup> October 2026**  
**St James' Park, Newcastle**

**Provisional Programme**

<b>9.30 – 10.00</b>	<b>Registration</b>
<b>Session 1</b>	
<b>10.00 – 10.05</b>	<b>Introduction</b> Rob Milligan and Caroline Tweedie
<b>10.05 – 10.25</b>	<b>ABS Update</b> Lynda Wyld
<b>10.25 – 10.35</b>	<b>Mammary Fold Update</b> Speaker tbc
<b>10.35 – 10.55</b>	<b>Why Research isn't Boring</b> Henry Cain
<b>10.55 – 11.10</b>	<b>ALCL update and case study</b> Speaker tbc
<b>11.10 – 11.20</b>	<b>Q&amp;A</b>
<b>11.20 – 11.45</b>	<b>Tea and Coffee Break</b>
<b>Session 2</b>	
<b>11.45 – 12.05</b>	<b>Veracyte Sponsored Talk -OPTIMA Trial Results</b> Speaker tbc
<b>12.05 – 13.05</b>	<b>Durham, what went wrong? - Impact on the Region and Lessons Learned</b> Panel discussion
<b>13.05 – 13.15</b>	<b>Q&amp;A</b>
<b>13.15 – 14.05</b>	<b>Lunch</b>
<b>Session 3</b>	
<b>14.05 - 14.25</b>	<b>ABS Nursing Update and Workforce Survey Results</b> Katy Ellis
<b>14.25 – 15.10</b>	<b>Happiness</b> Andy Cooper
<b>15.10 – 15.30</b>	<b>Tea and Coffee Break</b>

**Session 4****15.30 - 15.50****Preparing for more than treatment: The case for breast cancer  
prehabilitation**

Caroline Tweedie

**15.50 – 16.10****Treatable Not Curable**

Speaker tbc

**16.10 – 16.15****Close of meeting**

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