

Mammary Fold Webinar

(February 2026)

San Antonio Breast Cancer Symposium

(December 9 – 12, 2025, San Antonio, Texas)

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Introduction

- 48th Annual San Antonio Breast Cancer Symposium



- **10,000** clinicians and scientists from **80** countries

- Range of presentations and keynote talks covering:

- breast cancer screening and prevention
- loco-regional and systemic therapies
- basic science/translational medicine
- educational sessions interspersed



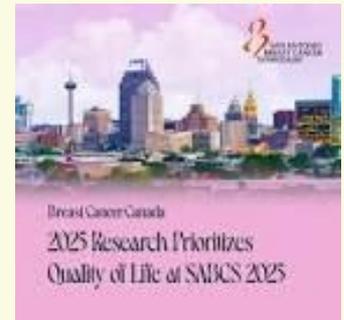
- **2,249** abstracts accepted for poster presentations (c.f. **1,887** for 2023)

Introduction

- **Educational sessions** → fully integrated into main program with parallel sessions



- Provide *foundational* knowledge as well as *updates* on cutting edge translational research (potentially practice changing)
- Programme Committee **broad representation** from:
 - senior clinicians
 - scientists
 - patient advocates with emphasis on quality of life
- Facilitates comprehensive approach with focus on standards of clinical care and survivorship issues → *patient-centric* philosophy



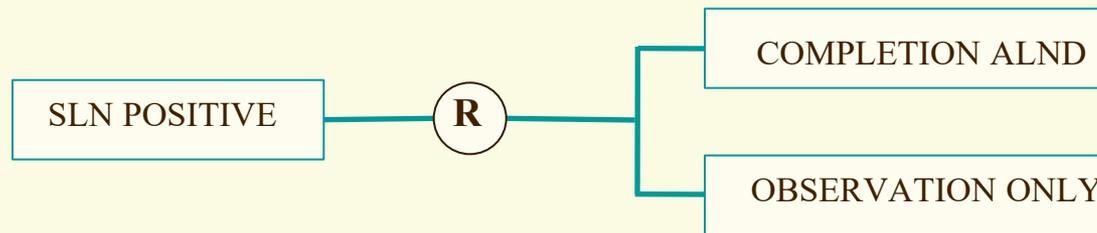
William L. McGuire Award Lecture – The Bumpy Road to Progress:
Changes in the Management of the Axilla [Armando Giuliano, CEDARS SINAI
MEDICAL CENTER, LOS ANGELES]

- **Pioneer** in transforming surgical management of the axilla in early-stage breast cancer patients:
 - 1) Introduction of sentinel lymph node biopsy techniques for clinically node negative patients
 - 2) Conception and execution of seminal ACOSOG Z0011 trial
- **Surgical resection** of malignant nodal tissue → basic *tenet* breast cancer surgery for 100 years since Halsted's **radical mastectomy**
- **Z0011 trial** → proposed *omission* axillary lymph node dissection in **biopsy-proven** node positive disease in context of primary surgery (based on failure of NSABP-B04 trial to show survival advantage for ALND)



Omission of axillary dissection

- **ACOSOG Z0011** trial randomized ~**900** SLN biopsy positive patients (macro-/micrometastases [1-2]) to completion ALND or observation only [www.acosog.org/studies/organ]



- All patients underwent **BCS** and received whole breast irradiation and systemic therapy (hormonal therapy [46%] or chemotherapy [57%] of physicians choice)
- No difference in either loco-regional recurrence or overall survival between 2 arms (incomplete accrual and f/u only **6**yrs) [GUILIANO A et al. 2011]

William L. McGuire Award Lecture – The Bumpy Road to Progress: Changes in the Management of the Axilla [Armando Giuliano, CEDARS SINAI MEDICAL CENTER, LOS ANGELES]

- Z0011 trial considered almost **heretical** and even **unethical** by professional colleagues, patients and advocates:
 - generated strong **opinions/emotions** amongst clinicians (surgeons and medical oncologists)
 - reluctance to **participate** in trial and provide patients (recruitment challenges/poor accrual)
 - trial was '**hated**' by many
 - **personal** impact of vehement opposition (mental well-being)
- Steadfast in belief that *omission* of completion ALND → would *not* compromise overall survival of patients
 - permit **less extensive** surgery and better quality of life
 - emphasized that NSABP B-04 trial included **node positive** patients
 - Z0011 recruited **pathologically** node positive patients – confirmed with SLNB

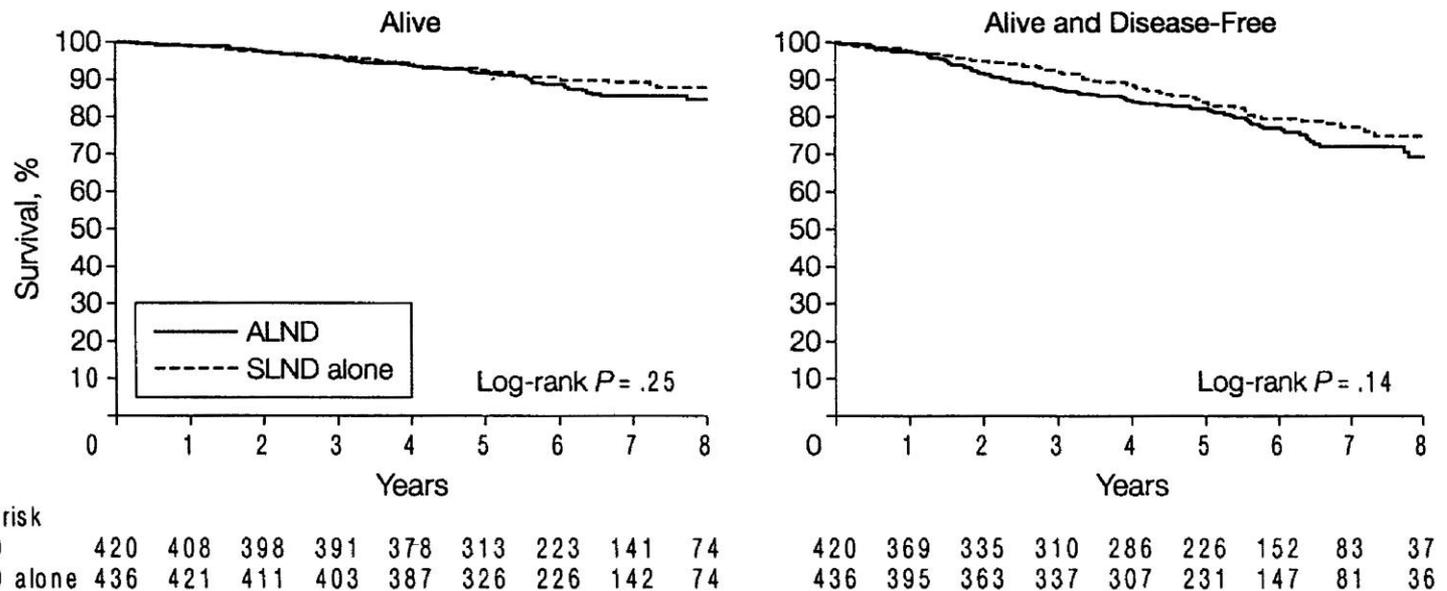
William L. McGuire Award Lecture – The Bumpy Road to Progress:
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- Z0011 came close to being abandoned by Giuliano as the *'hated'* trial*
 - Initial results confirmed statistical **non-inferiority** for omission of completion ALND
 - Trial continued but failed to reach accrual target (approximately **50%**)
 - Results of trial published in *New York Times*
 - Physicians need **data** to change practice – preferably *randomized!*
- * Surgeons conditioned by experience to minimize risk – innately averse to change



William L. McGuire Award Lecture – The Bumpy Road to Progress: Changes in the Management of the Axilla [Armando Giuliano, CEDARS SINAI MEDICAL CENTER, LOS ANGELES]

Figure 2. Survival of the ALND Group Compared With SLND-Alone Group

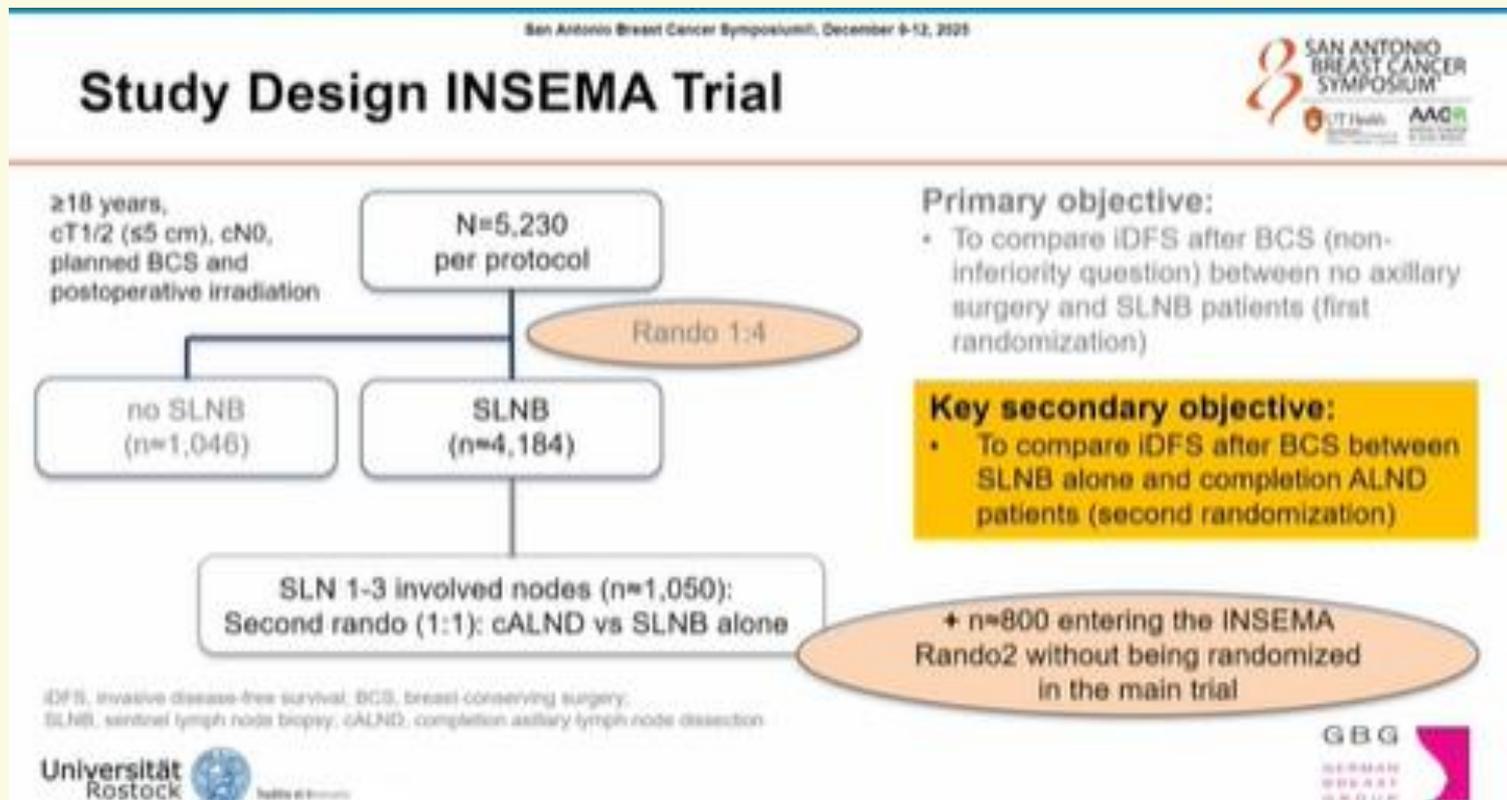


ALND indicates axillary lymph node dissection; SLND, sentinel lymph node dissection.

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

- **INSEMA** - randomized trial → investigating omission of *SLN biopsy* in clinically node negative patients (**T1-2** ($\leq 5\text{cm}$), **N0**) with outcome and quality-of-life data (n=**5502**)
- Multi-center **non-inferiority** trial with → primary objective of comparing invasive DFS after BCS between *SLN biopsy* and *no SLN biopsy* (1:4) [Reimer T et al. Geburtsh Frauenheilk 2017; 77: 149 - 157]
- **Secondary randomization** for *SLN biopsy* positive patients (n=**485**):
 - *SLN biopsy alone* versus *SLN biopsy + ALND* → (1:1 allocation)
 - secondary objective invasive DFS for *SLN biopsy* alone versus with *ALND*

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- Results of primary randomization → presented at **San Antonio Breast Cancer Symposium (2024)** at median follow up **73.6** months [Reimer T et al. NEJM 2024; doi:10.1056/NEJM/oa2412063]
- Estimated 5 year **invasive DFS** similar for SLN biopsy (**91.7%**) and no SLN biopsy (**91.9%**) groups [HR 0.91*; 95% CI 0.73 – 1.14]

Omission of SLN biopsy declared *non-inferior* to SLN biopsy and concordant with results of **SOUND** trial [Gentilini O et al. JAMA Oncol 2023]

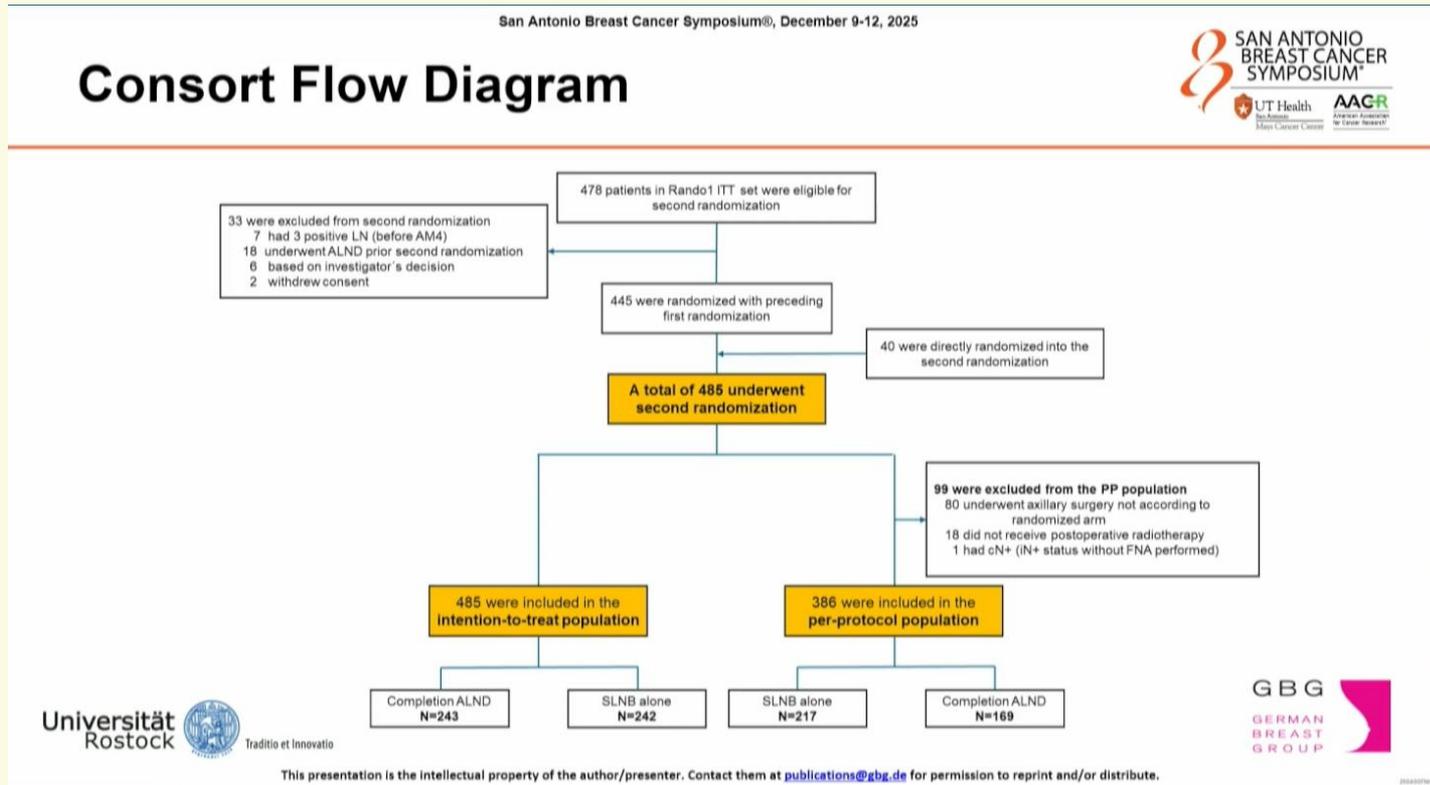
- Lower incidence of **arm symptoms** including lymphedema (**1.8%** v **5.7%**), upper limb morbidity (**2.0%** v **3.5%**), and pain (**2.0%** v **4.2%**)
- *Hazard ratio below pre-specified non-inferiority margin

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

- Several validation trials post-Z0011 → confirmed omission of completion ALND is safe for BCS patients with *macrometastases* in 1 or 2 sentinel nodes after primary surgery:
 - **SINODAR-ONE** trial >> included **22%** mastectomy patients (T1,T2)
 - **SENOMAC** trial >> included few T3 tumors, **34%** mastectomy patients, **~90%** patients received nodal irradiation both arms of trial
 - results of **POSNOC** trial awaited (closed to recruitment; data being analyzed)
- **INSEMA Rando2** analysis → aimed to provide further data confirming non-inferiority of SLN biopsy alone to completion ALND (limited node positive disease (pN1a))

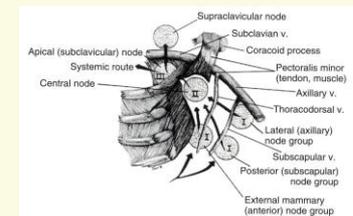


GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]



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- Separate analyses performed of **intention-to-treat** (ITT) (n=**485**) and **per protocol** (PP) populations (n=**386**)
- Only **445/485** patients ITT population → primary randomization
- Patient and tumor characteristics PP set (well-matched SLN only/cALND):
 - median age 59 years (52 – 68) (small number age <50 years = **16.6%**)
 - median pre-operative tumor size = <2cm (**80.2%** versus **82%**)
 - majority luminal subtype (HR+/HER2-) = **93.4%**
 - majority with low Ki-67 (≤20%) (**84.6%** versus **76.6%**)
- Mean number of **SLNs** removed = **2.4** (median 2) and **13.2** (median 13) for **completion ALND**



GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

- Notably higher rates of **adjuvant therapies** administered → for completion ALND group (amongst PP population):

	completionALND	SLN biopsy alone
CHEMOTHERAPY	39.8%	33.6% [p=0.239]
WBI (conventional fractionation)	87.0%	75.1% [p=0.004]
TUMOR BED BOOST	88.8%	80.6% [p=0.035]
REGIONAL NODAL IRRADIATION	36.0%	20.6% [p=0.019]

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

San Antonio Breast Cancer Symposium®, December 9-12, 2025

Treatment Characteristics: Per-Protocol set



Mean number of dissected SLNs was 2.4 (median 2.0)

Mean number of dissected LNs in the case of cALND was 13.2 (median 13.0)

Parameter	Category	SLNB alone N=217 N(%)	cALND N=169 N(%)
Pathol. tumor size	pT1	130 (59.9)	99 (58.6)
	pT2	84 (38.7)	68 (40.2)
	pT3	3 (1.4)	2 (1.2)
Involved SLNs	1	171 (78.8)	127 (75.2)
	(only macromets) 2	41 (18.9)	34 (20.1)
	3	5 (2.3)	8 (4.7)
All involved LNs (SLNB + cALND)	1-3		150 (88.8)
	4-9		19 (11.2)
Chemotherapy	No	144 (66.4)	100 (60.2)
	Yes	73 (33.6)	66 (39.8)
Endocrine therapy	No	9 (4.1)	9 (5.5)
	Yes	208 (95.9)	156 (94.5)
RNI* performed	No	100 (79.4)	57 (64.0)
	Yes	26 (20.6)	32 (36.0)
Pts before amend. #4 (Mar 2017)		91	80



(*RNI, regional nodal irradiation)



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GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

RESULTS

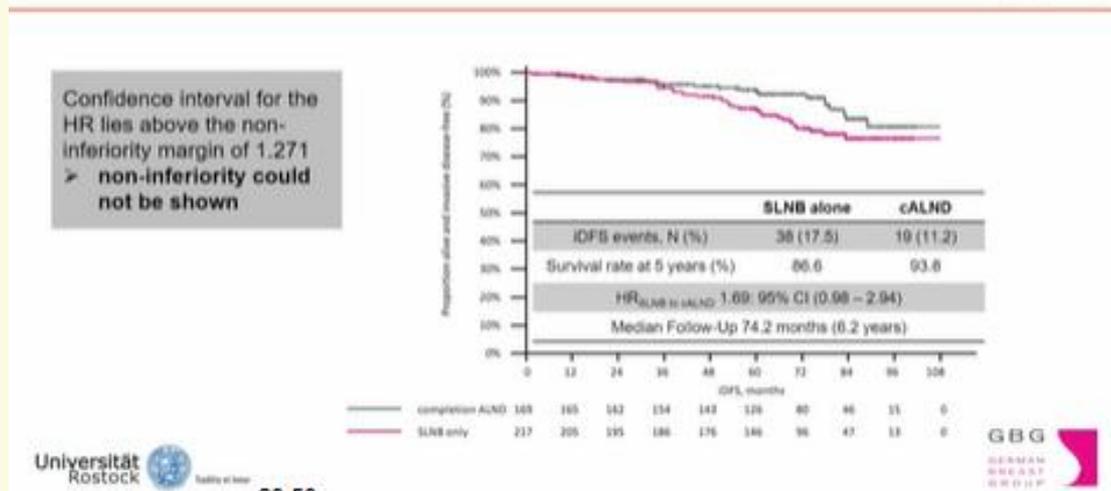
- Initial **co-primary endpoint** = **iDFS** for second randomisation
- **Target accrual** for **Rando-2** trial not achieved (n=**1,968**) → actual rate of SLN positivity (1 – 2 nodes macro) *lower* than expected*
- **iDFS** down-graded from co-primary endpoint to **secondary outcome**
- **Non-inferiority** defined as 5-year iDFS **>76.5%** for SLN biopsy alone [HR <1.271] compared with expected value of **81%** for cALND

* 11.3% versus 25.0% (and post-Z0011 *changes* standard practice)

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

RESULTS

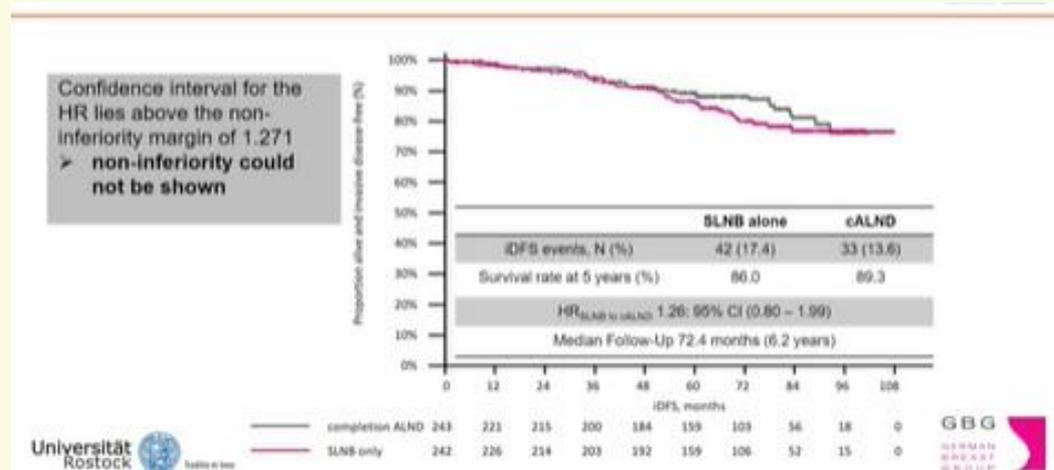
- Median follow up **74.2** months (PP and ITT analyses for **non- inferiority**)
- Non-inferiority not shown for PP analysis → despite no difference estimated 5-year **iDFS** rates for SLN biopsy alone (**86.6%**) compared with cALND (**93.8%**) [HR 1.69; 95% CI 0.98 – 2.94; p=0.058] (upper CI >**1.271**)



GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

RESULTS

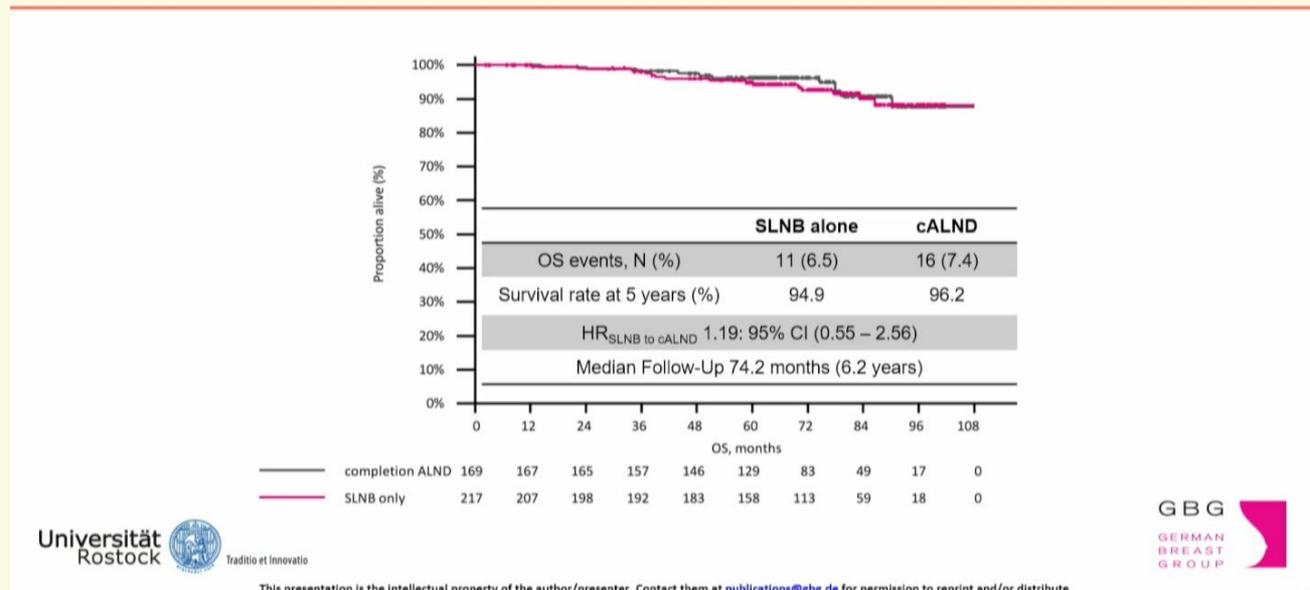
- For ITT analysis → no significant difference in 5-year **iDFS** for SLN biopsy alone (**86.0%**) compared with cALND (89.3%) [HR 1.26; 95% CI 0.80 – 1.99; p=0.314]
- Non-inferiority *not* upheld as **upper** confidence level (**1.99**) lies above non-inferiority margin of **1.271**



GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

RESULTS

- Similar 5-year rates of **overall survival** for **standard (94.9%)** and **intervention (96.2%)** groups [HR 1.19; 95% CI 0.55 – 12.56; p=0.663]



GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

RESULTS

- Low rates of **loco-regional** recurrence → 5-year cumulative incidence rates of 1.1% for SLN biopsy alone and 0% for cALND
- Despite *range* of **radiotherapy** schedules within trial → no differences in volumes and dosages of radiation to the axilla (levels I – III)

Parameter	Category	SLNB alone N=217 N (%)	cALND N=169 N (%)	p-value
RT-technique	- 3D-CRT (tangential fields)	120 (56.1)	96 (56.8)	0.996
	- IMRT / VMAT	49 (22.8)	40 (23.6)	
	- Simultaneous integrated boost	25 (11.7)	18 (10.7)	
	- Deep inspiration breathhold	6 (2.8)	4 (2.4)	
	- Other	14 (6.5)	11 (6.5)	
Fractionation	- conventional	157 (75.1)	147 (87.0)	0.004
	- hypofractionation	52 (24.9)	22 (13.0)	
Boost	- yes	175 (80.6)	150 (88.8)	0.035
	- no	42 (19.4)	19 (11.2)	
Boost technique	- External beam (3D-CRT)	87 (50.6)	75 (50.7)	0.762
	- External beam (IMRT/VMAT)	37 (21.5)	32 (21.6)	
	- External beam (Electrons)	8 (4.7)	3 (2.0)	
	- Intraoperative (Electrons)	7 (4.1)	11 (7.4)	
	- Intraoperative (Photons)	3 (1.7)	2 (1.4)	
	- Interstitial brachytherapy	4 (2.3)	4 (2.7)	
	- Other	26 (15.1)	21 (14.2)	

No differences in axillary radiotherapy dose (levels I-III) were detected between study arms.

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

Discussion

- Secondary analysis of **INSEMA** trial → provides further data supporting omission of cALND in SLN biopsy **positive** patients:
 - **98%** patients with 1 – 2 nodes containing macrometastases (c.f Z0011)
 - relatively long duration of follow (**6.2** years)
 - incorporated prospective assessment of *incidental* axillary irradiation
- Significant differences between study groups → RT *fractionation* schedules, application of *boost* and RNI (*not axilla*)
- Confounding of 5-year **iDFS** data → from **cross-over** between PP and ITT groups

GS2-02 – Axillary surgery in breast cancer patients with one to three sentinel node macrometastases and breast conserving surgery [Toralf Reimer, UNIVERSITY OF ROSTOCK, GERMANY]

Discussion

- **No** statistically significant differences → between *SLN biopsy alone* and *completion ALND* observed in subset analysis (**ITT** or **PP**) for outcomes:
 - invasive disease-free survival (**iDFS**)
 - overall survival (**OS**)
 - loco-regional recurrence
- Non-inferiority *not* demonstrated either subset → alluding to possible **oncological detriment** from omission of cALND
- Final 10-year follow up data *anticipated* in **2029**



GS2-03 – Insights of applied radiotherapy among patients undergoing breast conserving surgery with or without axillary sentinel lymph node biopsy [Guido Hildebrandt, UNIVERSITY MEDICINE ROSTOCK, GERMANY]

- **INSEMA** trial → patients with documented *dose* distribution to:
 - ipsilateral axillary nodes levels **I-III**
 - details of regional nodal irradiation (**RNI**)
 - RNI if ≥ 4 nodes involved
- All patients received **whole breast irradiation** (+/- boost)
- Note **50%** patients in INSEMA → received potentially *therapeutic* dose to level I nodes (**>85%** prescribed breast dose)
- **Incidental** axillary dose to higher level nodes (**II + III**) + use of **RNI**:
 - more frequent in SLN biopsy arm versus no SLN biopsy
 - RNI  SLN biopsy (**4.0%**) versus no SLN biopsy (**0.6%**)

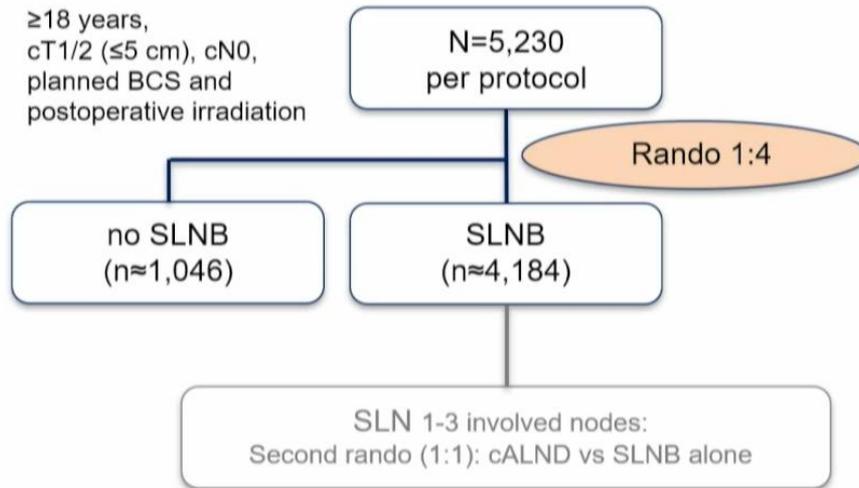


GS2-03 – Insights of applied radiotherapy among patients undergoing breast conserving surgery with or without axillary sentinel lymph node biopsy [Guido Hildebrandt, UNIVERSITY MEDICINE ROSTOCK, GERMANY]

San Antonio Breast Cancer Symposium®, December 9-12, 2025



Study Design INSEMA Trial



Primary objective:

- To compare iDFS after BCS (non-inferiority question) between no axillary surgery and SLNB patients (first randomization)

Secondary objective:

- Determination of the actually applied radiotherapy doses at the respective axillary levels I-III (QA of RT)
- Recruitment in Germany and Austria (09/2015-04/2019), n=108 RT facilities

iDFS, invasive disease-free survival; BCS, breast-conserving surgery; SLNB, sentinel lymph node biopsy; cALND, completion axillary lymph node dissection



In 4 patients (both ITT and PP set) SLNB result is missing



GS2-03 – Insights of applied radiotherapy among patients undergoing breast conserving surgery with or without axillary sentinel lymph node biopsy [Guido Hildebrandt, UNIVERSITY MEDICINE ROSTOCK, GERMANY]

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Central RT-QA – contouring & planning



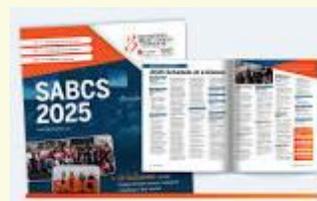
Axillary dose parameters in INSEMA patients treated with postop. WBI after BCS¹

Parameter	SLNB (N = 184)	No SLNB (N = 45)
Axillary level I dose median (percentage of breast dose)		
Mean	72.8	68.6
SD	31.4	30.6
Median	85.9	82.7
Range	1.3-110.5	0.8-99.0
Q1-Q3	54.8-96.6	42.5-95.1
Missing		
Axillary level II dose median (percentage of breast dose)		
Mean	39.9	29.7
SD	38.2	30.8
Median	20.8	13.2
Range	0.4-114.5	0.4-95.8
Q1-Q3	4.5-85.1	4.9-50.0
Missing		
Axillary level III dose median (percentage of breast dose)		
Mean	16.4	12.0
SD	27.1	21.5
Median	3.8	4.0
Range	0.1-105.8	1.1-87.1
Q1-Q3	2.1-12.1	2.4-6.0
Missing		

- analysis of first 3 RT-plans of all study centres (n=276)
 - contouring according to protocol 85 %
 - 3D-CRT 76 %
 - conv. fractionation 83.8 %
 - Boost 88.1 %
- Incidental RT-exposure axillary level I (SLNB and no SLNB)
 - ≥ 95% prescribed dose: 25 %
 - ≥ 85% prescribed dose: 50 %

GS2-03 – Insights of applied radiotherapy among patients undergoing breast conserving surgery with or without axillary sentinel lymph node biopsy [Guido Hildebrandt, UNIVERSITY MEDICINE ROSTOCK, GERMANY]

- Patients (n= **252**) not receiving post-operative irradiation → similar **invasive disease-free survival** for SLN biopsy versus no SLN biopsy group [HR1.47; 95% CI 0.75 - 2.85 (p=0.26)]
- No **incidental** irradiation to level I nodes *without* breast radiotherapy
- **Omission** of SLN biopsy when BCS undertaken → does not justify compensatory *escalation* of axillary radiotherapy

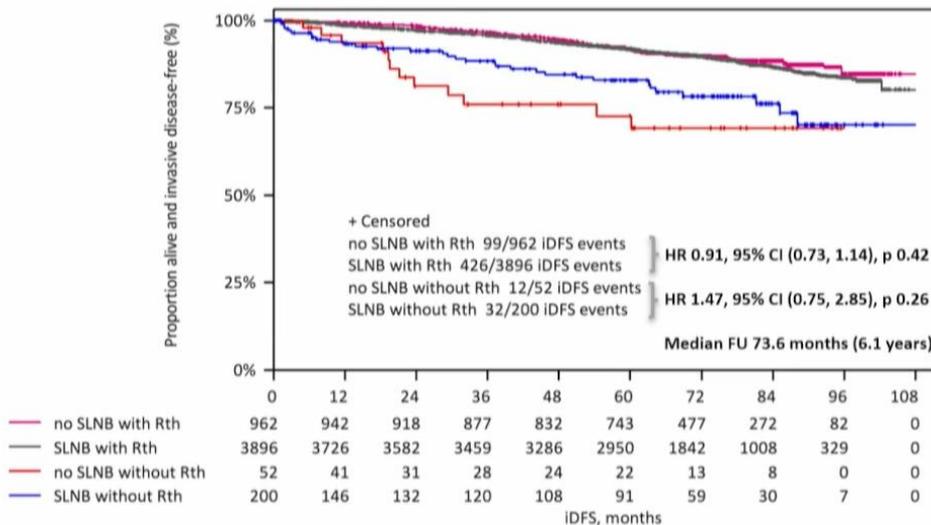


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iDFS: per-protocol analysis: with RT (N=4858) / without RT (N=252)*



First iDFS event	with RT N=4858 N(%)	no RT* N=252 N(%)
Total	525 (10.8)	44 (17.5)
Invasive LRR	72 (1.5)	13 (5.2)
- Axillary	22 (0.5)	3 (1.2)
- ipsilateral breast	50 (1.0)	10 (4.0)
Invasive contralateral BC	35 (0.7)	2 (0.8)
Distant relapse	130 (2.7)	10 (4.0)
Secondary malignancy	182 (3.7)	4 (1.6)
Death	106 (2.2)	15 (6.0)



(*post hoc analysis, only pts who would be included in PP set, if they had Rth)

Traditio et innovatio



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03/2025/08

GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study [Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

- **AXSANA/EUBREAST** → international prospective registry study examining different axillary **surgical staging** procedures in clinically node positive patients (**cN1-3a**) converting to ycN0 after NACT:
 - **ALND, SLN biopsy, TAD** or **TLND**
 - choice of surgical staging at discretion of surgeon
 - systemic and LR treatments — institutional/national guidelines
- Co-primary endpoints → evaluating clinical *outcomes* and *morbidity*:
 - **Axillary recurrence-free survival**
 - **Invasive breast cancer-specific disease-free survival**
 - **Quality-of-life** and **arm morbidity**



GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study [Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

- **Principle aim** → determine whether 3-year **axillary RFS** for less invasive procedures (SLN biopsy, TAD, TLND) *non-inferior* to ALND*
- **Secondary aim** → compare SLN biopsy with TAD (**axillary RFS**)
- Results of interim analysis presented at **SABCS2025**:
 - **local** recurrence-free survival
 - **regional** recurrence-free survival
 - **breast cancer-specific** survival
 - **overall** survival

* Above 97% (lower boundary one-sided 95% CI)



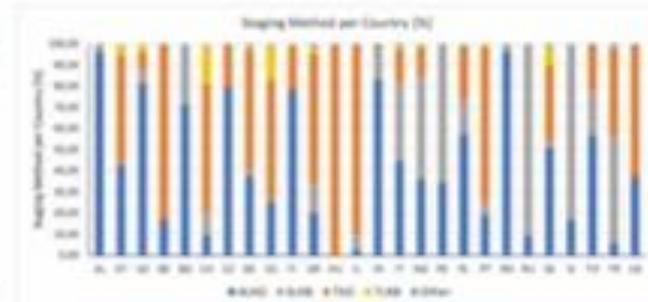
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Trial status

- The trial includes patients from 288 study sites
- 26 countries
- Recruitment started in 2020



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- Median follow up = **2** years (IQR: 1.07 - 2.83) → (**17%** patients with with ≥ 3 years follow up [maximum **4.45** years])
- Inclusion of **pathologically** node negative and positive (**ypN0** and **ypN+**)
- Nodal pCR rate = **51.1%**

Axillary staging ALND/SLNB/TAD/TLNB				n = 2632	
ALND	n=799	SLNB	n=419	TAD n=1399	TLNB n=15

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GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study [Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

- Patient characteristics for ALND and lesser surgery (SLN biopsy, TAD, TLND) → well matched with no significant differences for:
 - median **age**
 - tumor **subtype, type and grade**
 - breast **pCR**
 - NACT, radiotherapy and adjuvant systemic therapy



- Regional treatment characteristics:

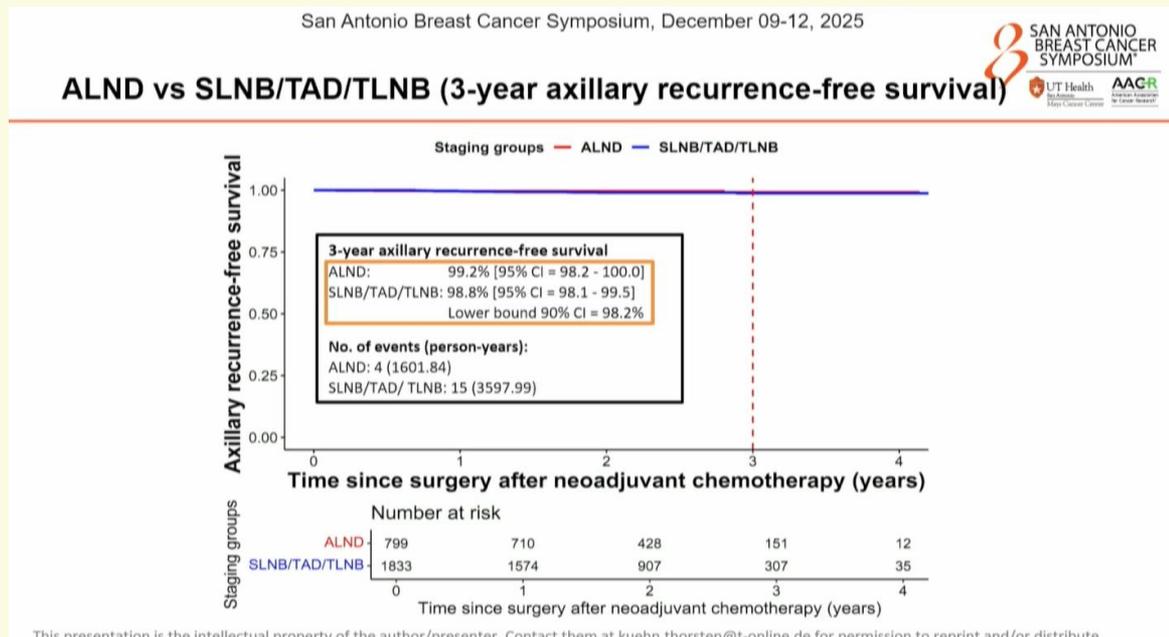
ypN-Stage	Regional Treatment	ALND (%)	Regional Treatment	SLNB/TAD/TLNB (%)
ypN0 (n = 1522)	aRT	232 (47.2)	aRT	548 (53.2)
	No aRT	260 (52.8)	No aRT	482 (46.8)
ypN+ (n = 953)	aRT	171 (63.8)	cALND + aRT	287 (41.9)
	no aRT	97 (36.2)	cALND, no aRT	179 (26.1)
	-	-	No cALND + aRT	160 (23.4)
	-	-	No cALND, no aRT	59 (8.6)

RT = Radiotherapy
aRT = axillary RT: Level I and II included in target volume

GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study [Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

RESULTS

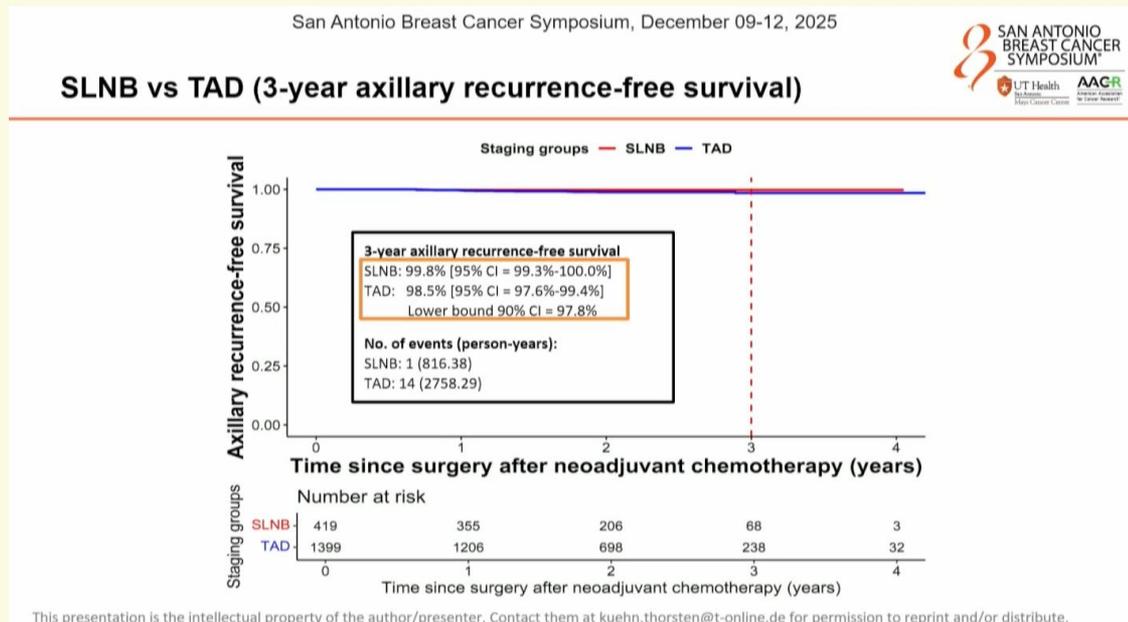
- No difference in 3-year axillary RFS between less axillary surgery (**98.8%**) [95% CI 98.1 – 99.5] and ALND groups (**99.2%**) [95% CI 98.2– 1.00] (number of events **15** and **4** for SLN biopsy/TAD/TLND and ALND respectively)



GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study [Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

RESULTS

- No difference in 3-year axillary RFS between SLN biopsy (**99.8%**) [95% CI 99.3 – 100.0] and TAD groups (**98.5%**) [95% CI 97.6–99.4] (number of events **1** and **14** for SLN biopsy and TAD respectively)



GS2-01 – More versus less axillary surgical staging procedures in breast cancer patients converting from a clinically node positive to negative through NACT - primary endpoint analysis of AXSANA/EUBREAST 3R study
[Thorsten Kuhn, UNIVERSITY OF ULM, GERMANY]

DISCUSSION

- AXSANA provides real-world but *quality-assured* data confirming **non-inferiority** of *lesser* surgical procedures (SLN biopsy, TAD, TLND) for axillary staging in NACT patients converting from **cN1 -3a** to **ycN0**
- Targeting of *clipped* biopsy-confirmed node does not improve 3-year **axillary RFS** compared with *standard* SLN biopsy (details of techniques used?)
- Much **heterogeneity** in regional radiotherapy but findings *independent* tumor characteristics on multivariate analysis (Cox proportional hazards; $p < 0.05$)
- Very *limited* duration of follow up → need to assess long-term impact of differences in axillary staging on **BCSS** and **OS**

GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

BACKGROUND

- Discussion of omission of axillary surgical staging → based on results of **SOUND** and **INSEMA** trials [JAMA Oncol 2023; NEJM 2025]
- Few advantages of SLN biopsy for *older* patients with smaller clinically node negative HR positive, HER2 negative tumors
- Information from SLN biopsy → does not usually influence systemic therapies and $\leq 3\%$ of these patients have ≥ 4 positive nodes*

*minimal risk of under-treatment from failure to receive CDK 4/6 inhibitor



GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

San Antonio Breast Cancer Symposium®, December 5-9, 2023

Omission of SLNB in Patients Age < 70 Years: Ongoing Trials

Trial	Country	# Patients	Inclusion	Randomization Arms	Endpoints
SOUND (2012-2021) Reported	Italy	1560	BCS+XRT, cT1N0	Observation SLNB	DDFS
INSEMA (2015-2024) Active, not recruiting	Germany	5505	BCS+XRT, cT1-2N0	Observation SLNB ↓ 1-3 SLN macromet ALND vs. no ALND	IDFS (5 years)
BOOG 2013-08 (2015-2027) Active, recruiting	Netherlands	1644	BCS+XRT, cT1-2N0	Observation SLNB	Regional recurrence (up to 10 years)
NAUTILUS (2020-2027) Active, recruiting	Korea	1734	BCS+XRT, cT1-2N0	Observation SLNB	IDFS (5 years)
SOAPET (2019-2027)	China	1528	cT1-2N0	PET Stage 1 – assess NPV Stage 2 – SLNB omitted	Stage 1 – NPV Stage 2 – RFS/DDFS (5 years)

GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

- BOOG 2013-08 randomized **non-inferiority** trial → examined omission SLN biopsy in early stage breast cancer patients treated with breast conservation surgery and whole breast RT:

- total of **1,574** patients (median age = 61.5 years)
- T1 (**83%**) and T2 (**17%**) tumors
- HR positive; HER2 negative (**86.8%**)
- grade III = **17.2%** (similar to **SOUND**)

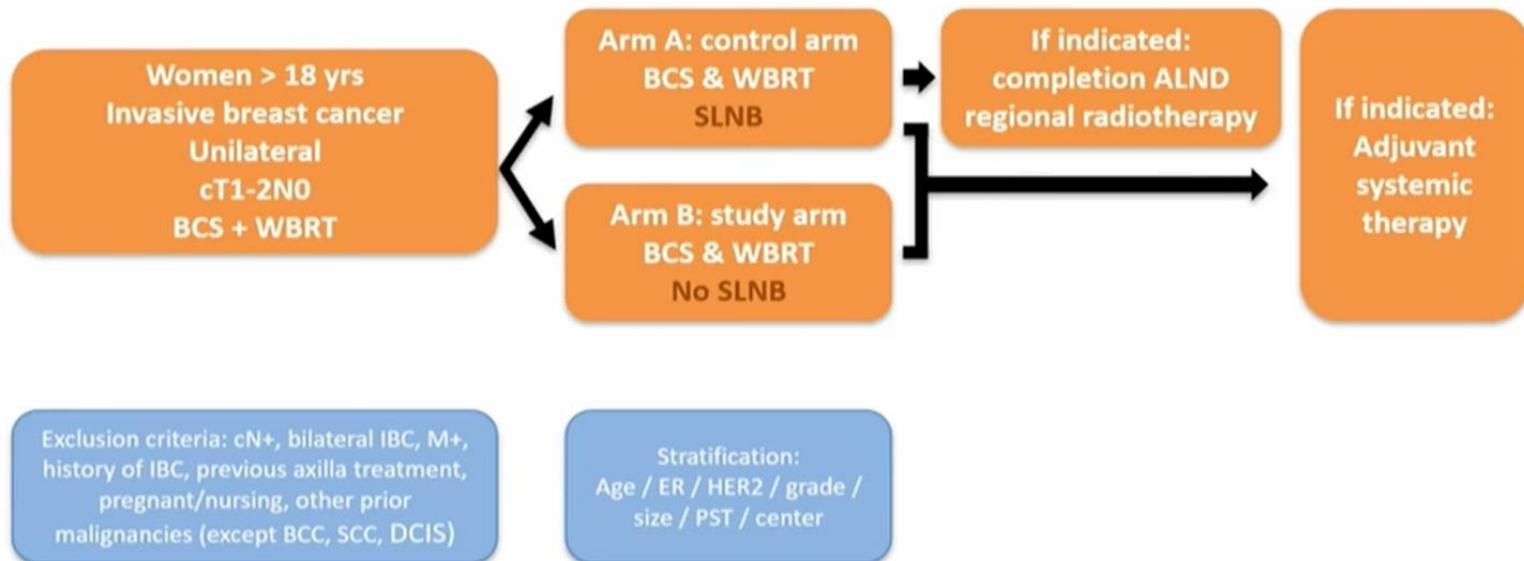


- Primary endpoint = **regional recurrence-free survival (5-year)***
- Non-inferiority margin = **5%** (no more than 5% in favor of SLN biopsy)
- Median follow up = **5 years** (all patients at least 3 years follow up)

* secondary endpoints = local recurrence, distant disease-free survival, death events

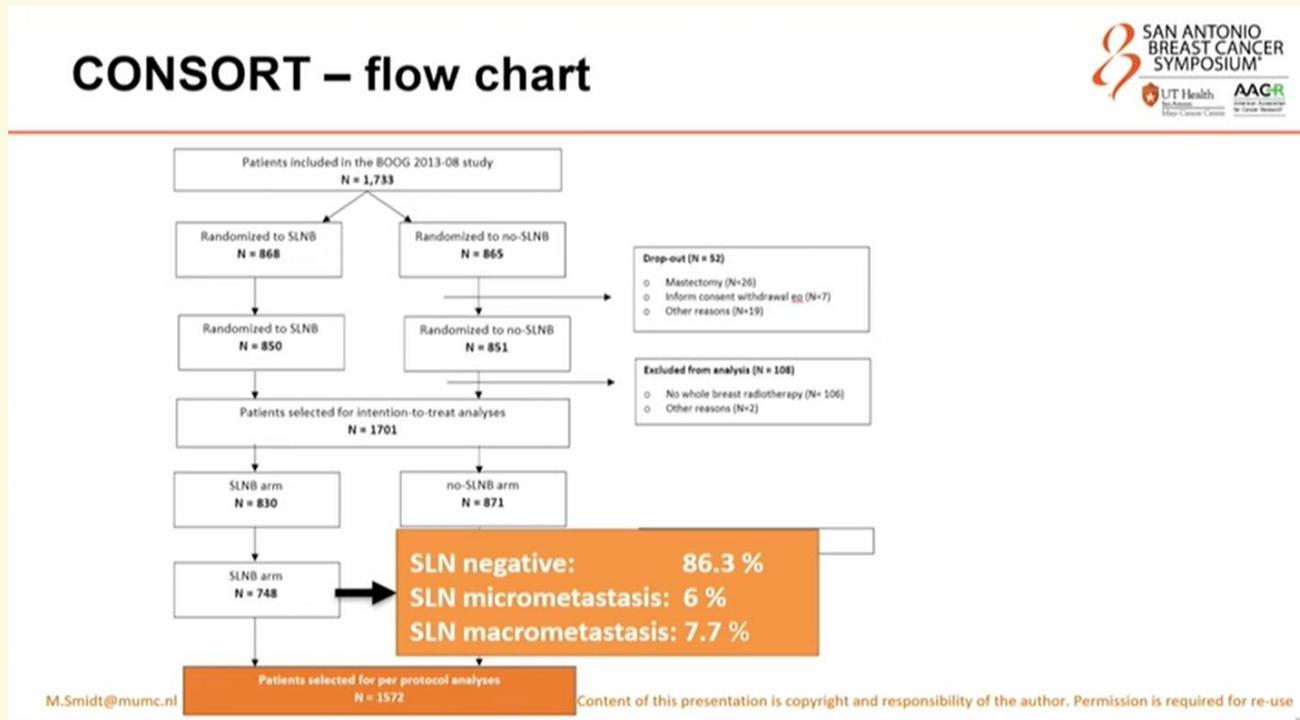
GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

Methods: study design BOOG 13-08



GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

- Majority of patients pathologically node negative → with macrometastases in 7.7% and micrometastases in 6% (~SOUND/INSEMA)



GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

- Of note, only half of these *low-risk* patients → received any type **systemic therapy** (despite omission of SLN biopsy in experimental arm):
 - SLN biopsy group = **51.3%**
 - non-SLN biopsy group = **52.6%**
- Similar proportion of patients in standard and intervention group received **hormonal therapy** or **chemotherapy** (+/- targeted therapy)

	HER2+	50 (6.2)	57 (7.7)	
Adjuvant systemic therapy	None	432 (52.6)	383 (51.3)	.649
	Chemotherapy	93 (11.3)	97 (13.0)	.592
	Targeted therapy	36 (4.4)	44 (5.9)	.394
	Endocrine therapy	354 (43.1)	334 (44.8)	.777

GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

RESULTS

- High rates of 5-year **regional recurrence-free survival** for SLN biopsy (**96.6%**) and no SLN biopsy (**94.2%**) groups :

 ***absolute difference = 2.35%***



- Low rates of 5-year **regional recurrence** for SLN biopsy (**0.6%**) and no SLN biopsy groups (**1.2%**):

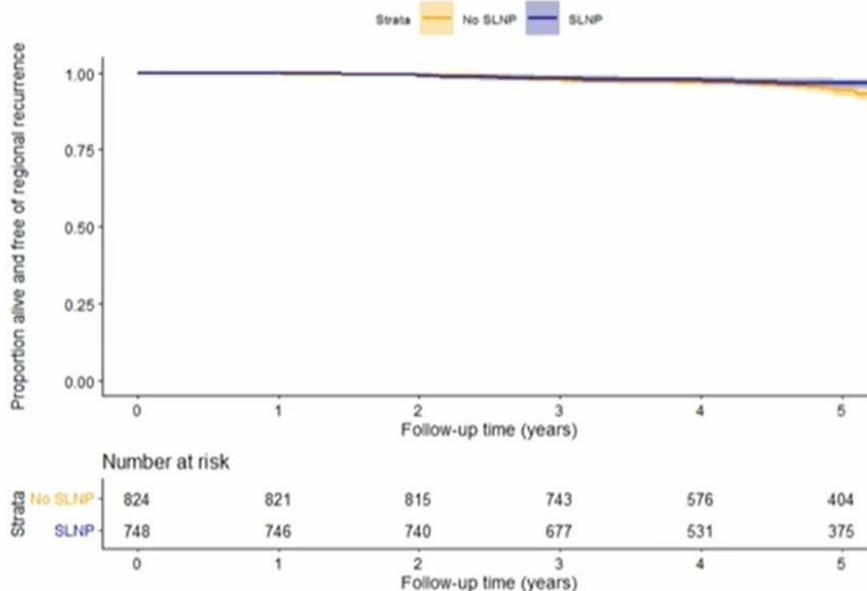
 ***absolute difference = 0.7%***



- **Non-inferiority** upheld as well below *a priori* margin of **5%**

GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

Results - RRFS



Median 5-year (IQR 3.23-5.17)

SLNB: 96.6% (95% CI 95.2-98.0)

No SLNB: 94.2% (95% CI 92.4-96.0)

Absolute difference of 2.35%
(95% CI 0.06-4.72)

5% non-inferiority margin is not exceeded

ITT analysis same output

GS2-11 –Omission of sentinel lymph node biopsy in clinically T1-2 node negative breast cancer patients treated with breast-conserving therapy: results of the Dutch BOOG 2013-08 randomised controlled trial after a median follow-up of 5 years [M.L. Smidt, MAASTRICHT UNIVERSITY MEDICAL CENTER, NETHERLANDS]

DISCUSSION

- Findings *accord* with results of **SOUND** and **INSEMA** trial and confirm safety of omitting SLN biopsy in selected low risk patients
- Recommend omission of SLN biopsy in patients **>50** years with **T1** grade **I** or **II**, hormone receptor **positive**, HER2 **negative** tumors
- Endocrine therapy **not pre-requisite** for oncologic safety of SLN biopsy omission and lack of confirmation of **pathological** node negativity
- Additional follow up necessary for evaluation of **T2** tumors



Debate – Do All Early-stage Breast Cancer Patients Need Axillary Staging? [Chaired by Melissa Pilewskie, WEISER FAMILY CENTER FOR BREAST CARE, UNIVERSITY OF MICHIGAN, USA]

DISCUSSION

- Agreement that → universal **axillary staging** can *no longer* be recommended as SOC for *clinically* node negative early breast cancer
- Many centers in United States and Europe → not changed practice based on **SOUND** and **INSEMA** trials (*dichotomy* of opinion) :
 - ‘*Choosing Wisely*’ recommendation for women **>70** years (2016)
 - majority older women (**70%**) ► continue to undergo routine SLN biopsy
- No oncological disadvantage (**L-R recurrence / survival**) from selective *omission* of SLN biopsy [post-M, T1 N0 grade I/II, HR+ve,HER2 -ve (**ASCO 2025**)]



Debate – Do All Early-stage Breast Cancer Patients Need Axillary Staging? [Chaired by Melissa Pilewskie, WEISER FAMILY CENTER FOR BREAST CARE, UNIVERSITY OF MICHIGAN, USA]

DISCUSSION

- **Nodal pathology** → may influence decisions for radiotherapy and adjuvant systemic therapy (**CDK 4/6** inhibitor) (+ duration endocrine therapy)
- Declaration of *pathologically* negative nodes necessary for trials of **partial** breast irradiation and **omission** breast RT
- Many patients and providers → not *comfortable* with omission of SLN biopsy despite recent trial data and potential surgical risks
- De-escalation of treatment must be **inter-disciplinary** with input from surgeons, radiotherapists and medical oncologists



GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

- Current surgical treatment of DCIS non-evidence based and not evolved with increasing knowledge of natural history of DCIS
- Surgical options often based on surgeon preference and *‘doing something must be better than waiting for something to happen’*
- Women should be **fully informed** about potential hazards of **over-diagnosis** and risk/benefit ratio for treatment in context of DCIS



Trials of low-risk DCIS (active surveillance)

	LORIS	LORD	COMET	LORETTA
<u>Study</u>	AS	AS	AS+ET (choice)	AS+ET
<u>Screening</u>	MMG	MMG	MMG	MMG,US, MRI**
<u>Nuclear grade</u>	1 or 2	1	1 or 2	1 or 2
<u>Comedo necrosis</u>	No	No	Eligible	No
<u>ER</u>	N/S	N/S	Positive	Positive
<u>HER2</u>	N/S	N/S	Negative***	Negative
<u>Size</u>	N/S	Any size	Any size	≤ 2.5 cm
<u>Target</u>	932	1240	1200	340

AS: Active surveillance, ET: Endocrine therapy, N/S: Not stipulated in study protocol, *: single arm confirmatory trial, **: breast US and MRI, ***: if tested.

International Research Collaboration



GRAND CHALLENGE
THE TOUGHEST PROBLEMS NEED THE BRIGHTEST MINDS

UK – LORIS Netherlands – LORD USA – COMET JAPAN – LORETTA

GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

- **LORETTA** trial → single arm confirmatory study evaluating endocrine therapy alone without surgery for low-risk DCIS:
 - age ≥ 40 years (newly diagnosed unilateral DCIS)
 - nuclear grade **I** and **II** (no comedo necrosis)
 - ER strongly positive ($\geq 10\%$)
 - size on imaging $\leq 2.5\text{cm}$ (MMG, US, MRI)
- Acquisition *sufficient* amount of material → with percutaneous needle biopsy techniques:
 - stereotactic-guided VAB for calcification (8 - 12-gauge; ≥ 6 passes)
 - ultrasound-guided biopsy if detected by US (14-gauge; ≥ 3 passes; 16-gauge; ≥ 5 passes)

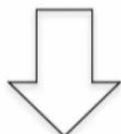


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LORETTA (JCOG1505): Prospective Single-arm Confirmatory Trial



Low risk DCIS
(N=340)
No comedo necrosis,
Nuclear grade:1 or 2,
ER+ and HER2-



TAM
(20 mg/day)
for 5 years

Safety Assessments (5 years until TAM completion)

- The first 6M: every 3M
- Thereafter: every 6M

Efficacy Assessments (10 years)

- The first year: every 6M
- Thereafter: annually



- Findings suggestive of **invasive cancer**
- **Enlarging tumor size**



Findings of invasive cancer and grade 3 by **needle biopsy**



Surgical resection



GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

- **PRIMARY ENDPOINT** = 5-year cumulative incidence proportion ipsilateral invasive cancer (**CIPIC**)
- **SECONDARY ENDPOINTS** included:
 - ipsilateral breast cancer-free survival
 - contralateral breast cancer-free survival
 - overall survival
 - surgical proportion/timing
 - safety

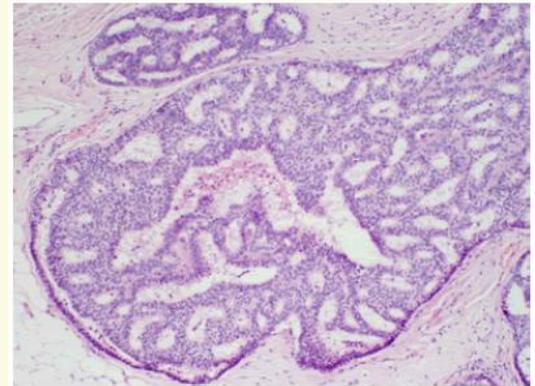


Figure 2: Low grade DCIS lesion.



GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

RESULTS

- Pre-specified threshold of **7%** for 5-year cumulative incidence proportion ipsilateral invasive cancer (**CIPIC**)*
- 5-year **CIPIC** for patients receiving tamoxifen alone without surgery *exceeded* pre-specified threshold at median follow up of **36** months
- Nonetheless, **CIPIC** relatively low = **9.8%** (less than 10%)
- Trial *failed* to meet primary endpoint for **CIPIC**



*[one-sided alpha 2.5%; 95% power]

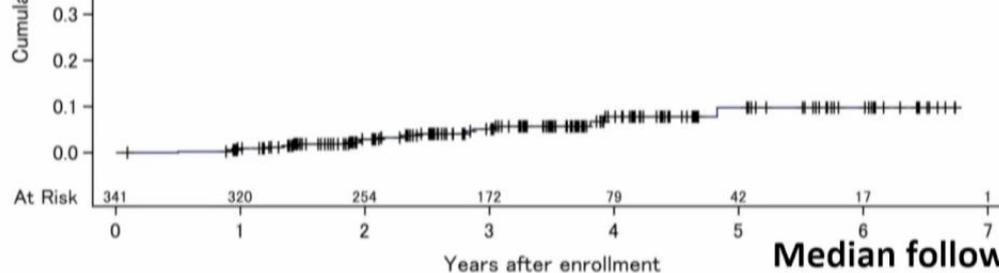
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Primary Endpoint: 5-year IPIC

Year	Number of IPIC (n)	cumulative incidence of IPIC (%)	95% CI (%)
1	3	0.9	0.3–2.4
2	9 (+6)	2.9	1.4–5.3
3	14 (+5)	5.2	2.9–8.3
4	17 (+3)	7.8	4.4–12.5
5	18 (+1)	9.8	5.2–16.1
6	18 (+0)	9.8	5.2–16.1

Competitive risk (N=16)	
Death (unrelated)	Ipsilateral mastectomy (without invasive cancer)
1	15

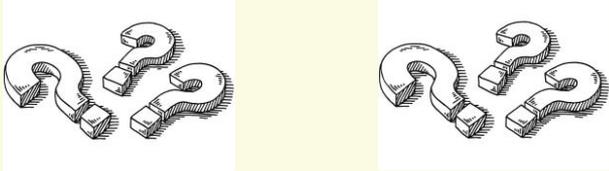


Primary endpoint: Not met
 (The upper limit of the confidence interval exceeded 7.0%)

Median follow up: 36.0 mo (0.0-80.4 mo)

GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

DISCUSSION

- 5-year cumulative incidence of invasive cancer was **9.8%** for tamoxifen alone without surgery for low-risk DCIS
- Continuing development of invasive cancer → up to 5 years with size **>2cm** → being risk factor for invasive cancer
- **Longer term** follow up essential 
- Acceptability of CIPIC → matter of **clinical judgment** with most panelists feeling *uncomfortable* at recommending endocrine therapy alone (accords with impact of **COMET** trial data presented SABCS 2024)

GS2-09 The single-arm confirmatory trial of tamoxifen alone without surgery for low-risk DCIS of the breast (ER positive HER2 negative) (LORETTA trial:JCOG1505) [Hiroji Iwata, NAGOYA CITY UNIVERSITY GRADUATE MEDICAL SCHOOL OF MEDICAL SCIENCES]

DISCUSSION

- Shared decision-making essential → in context of **de-escalation** policies for low-risk DCIS
- Encourage patient engagement and education → facilitate better *adherence* to hormonal therapy
- Manageable side-effects of endocrine therapy in **LORETTA** trial and no major *hepatic* dysfunction from tamoxifen therapy



GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

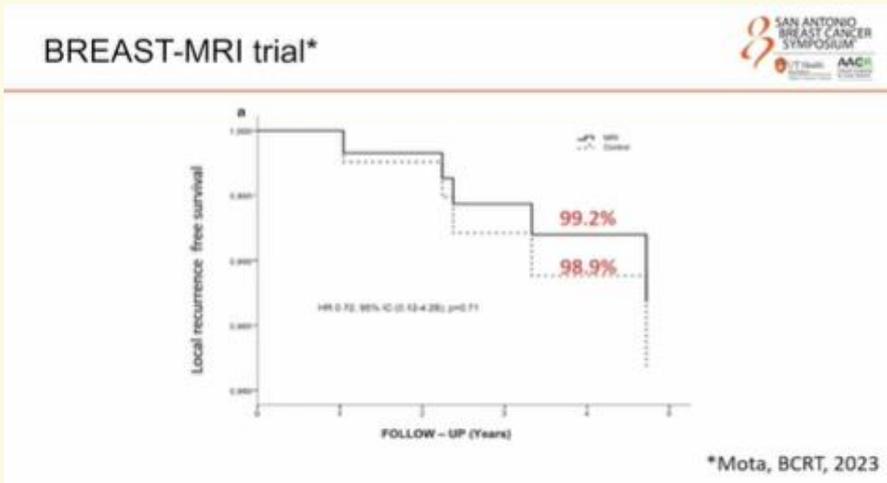
BACKGROUND

- Routine **pre-operative** MRI → controversial with *widespread* usage USA but more *selective* approach Europe
 - more accurately determines local disease **extent** than MMG/US
 - assumption detection/treatment disease based on MRI → improves **outcomes**
- Disadvantages of breast MRI with known **harms**:
 - further evaluation with second look US +/- **additional** biopsies*
 - increased rates of **mastectomy**
 - **delays** to surgery
- Most studies reveal *no* reduction in **re-operation** rates (including randomized **COMICE** trial [nor loco-regional recurrence **BREAST-MRI** trial])



* US or MRI-guided

GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isabelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]



	MRI group (N=255)	Control Group (N=267)
HR+	206 (81.1%)	211 (79.6%)
HER2	6 (2.4%)	7 (2.6%)
HER2/HR+	24 (9.4%)	25 (9.4%)
Triple negative	18 (7.1%)	22 (8.3%)
Missing	1	2

mainly HR
positive cases

*Mota, BCRT, 2023

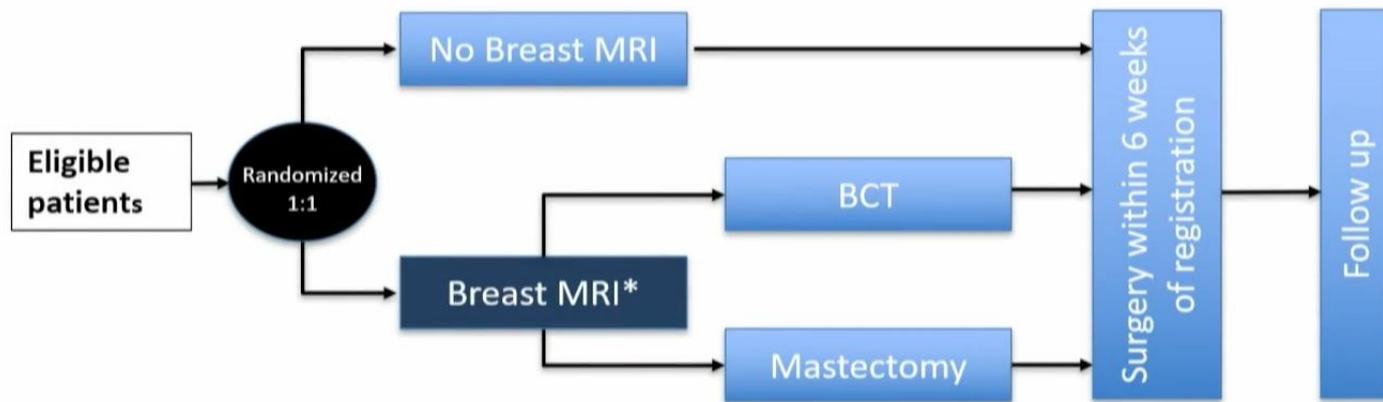
GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

- Phase 3 **ALLIANCE A011104** aimed to determine whether preoperative **MRI** imaging → *improved* rates of loco-regional recurrence in early-stage hormone-receptor **negative** breast cancer
 - 319 patients (median age 58.9 years)
 - stage I or II (T1 = 72.1%; node negative= 93.4%)
 - all hormone receptor negative (TNBC or ER/PR-ve/HER2+ve)
 - chemotherapy in 85% (17.6% neoadjuvant)
- Patients **randomly** assigned to undergo breast MRI (n=**161**) or not (n=**158**) *following* MMG
- In **NACT** patients, **pCR** rates of **39.3%** versus **52%** and adjuvant **RT** rates of **85%** versus **85.4%** in MRI and no-MRI groups respectively



GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early-Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

Study Design: A randomized, multi-center phase III trial



* Within 30 days of mammogram

Stratification factors

T1-2 vs T3
HER2+ vs HER2-
Enrolling institution
(Neoadjuvant yes vs no)

Primary endpoint

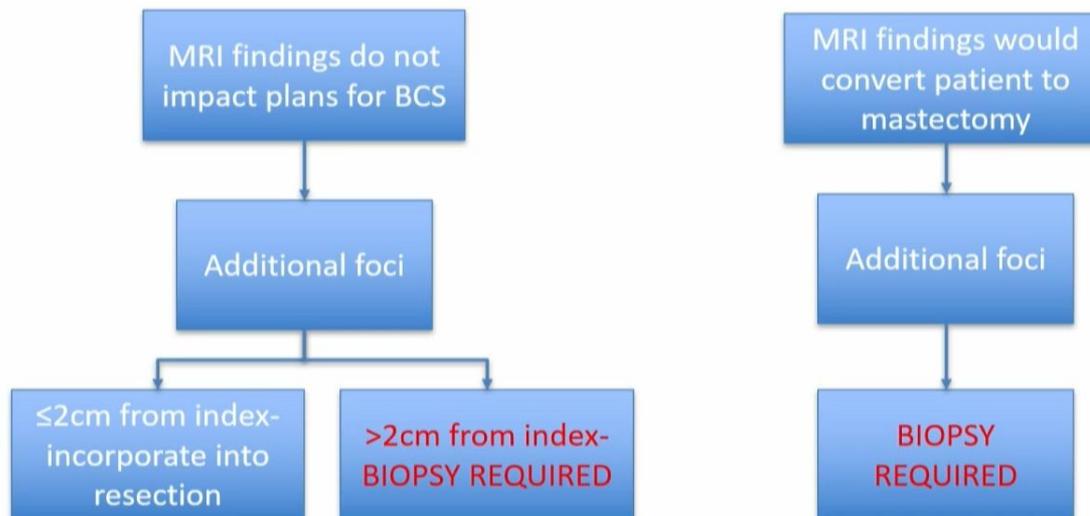
- Rate of LRR

Secondary endpoint

- LRR in BCS subset
- DFS and OS
- Re-excision rates

GS2-07 - Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

Management of MRI detected disease



GS2-07- Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

Local Regional Treatment

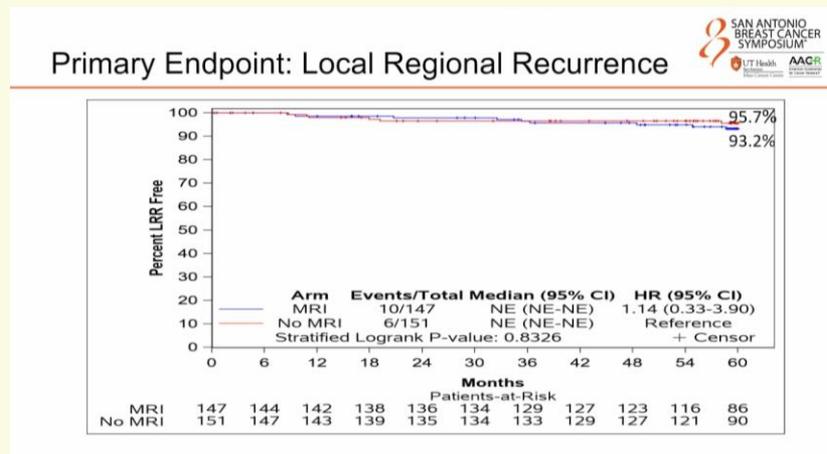


	Arm		P-value
	No MRI (N=158)	MRI (N=161)	
Initial Breast Surgery			0.67
Initial BCS	140 (92.7%)	134 (91.2%)	
Initial bilateral mastectomy	5 (3.3%)	4 (2.7%)	
Initial mastectomy	6 (4.0%)	9 (6.1%)	
Patient did not have surgery	7	14	
Axillary Surgery			0.1
ALND only	3 (2.0%)	6 (4.1%)	
Both	4 (2.6%)	10 (6.8%)	
Neither	1 (0.7%)	4 (2.7%)	
SLN biopsy only	143 (94.7%)	127 (86.4%)	
Patient did not have surgery	7	14	
Final Margin Status			1
< 2mm	37 (24.5%)	36 (24.5%)	
>= 2mm	104 (68.9%)	101 (68.7%)	
Positive (tumor at surgical margin)	10 (6.6%)	10 (6.8%)	
Patient did not have surgery	7	14	
Adjuvant Radiation			0.92
No	22 (14.6%)	22 (15.0%)	
Yes	129 (85.4%)	125 (85.0%)	

GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isabelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

RESULTS

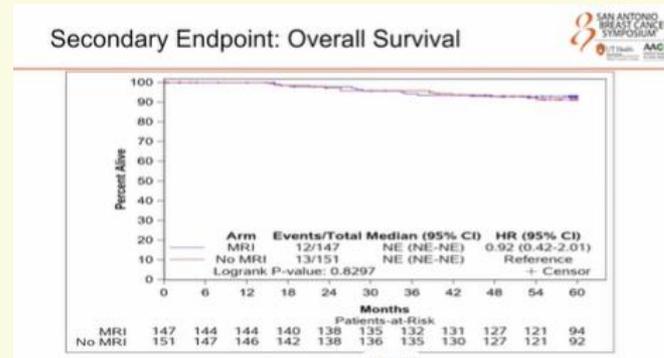
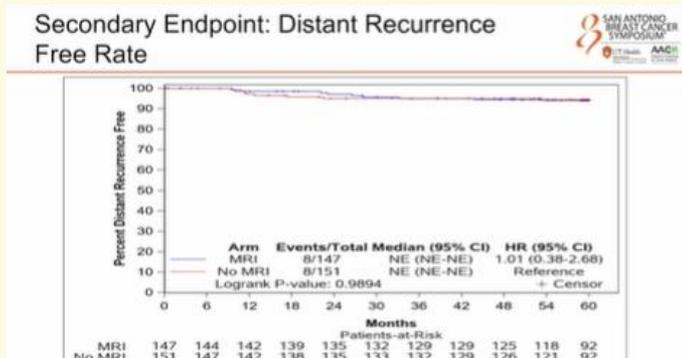
- At a median follow up of **61.1** months → no significant difference in rates of loco-regional recurrence between the groups
- No difference in 5-year rates of **loco-regional control** between MRI (**93.2%**) or no-MRI groups (**95.7%**) [HR 1.1; 95% CI 0.3 – 3.9]



GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

RESULTS

- No difference in 5-year **distant recurrence-free** rates (**93.2%**) or overall survival (**92.2%**) → between MRI and no-MRI groups



GS2-07 Effect of Preoperative Breast MRI Staging on Local Regional Recurrence (LRR) in Early Stage Breast Cancer: Alliance A)11104/ACRIN6694 [Isobelle Bedrosian, UNIVERSITY of TEXAS MD ANDERSON CANCER]

DISCUSSION

- Explored use of routine pre-operative MRI to improve local staging in patients with more aggressive tumor biology (TNBC or HR-ve/HER2+ve)
- No impact on clinical outcomes - LRR, DRFS, OS median f/u 5 years
- 5-year rates of LRR → very low for more *aggressive* tumor types
- Adjuvant therapies may *ablate* any *additional foci* of disease detected by MRI (therefore MRI unnecessary)
- Harms appear to *outweigh* benefits of routine pre-operative MRI in newly diagnosed early stage breast cancer patients

GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TONTO]

BACKGROUND

- Women with mutations in BRCA1 and BRCA2 tumor suppressor genes → high risk for breast, ovarian or fallopian tube tumors
- Pathogenic gene mutation carrier → justifies recommendation for risk-reducing surgery (bilateral salpingo-oophorectomy):
 - BRCA1 mutation ► RRS before age 40 years
 - BRCA2 mutation ► RRS before age 45 years
- ‘*Profound effect*’ of BSO on overall mortality but side effects from induction of early menopause [Kotsopoulos J, et al JAMA Oncol 2024; 10(4): 484 - 492]



GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TONTO]

BACKGROUND

- **PROSE** study revealed marked impact of **BSO** with *halving* of breast cancer risk (**21%** versus **42%**) [HR0.47; 95%CI 0.29 – 0.77]
- Several studies report *similar* magnitude of effect for **BSO** on breast cancer risk
- **BSO** before 40 years → *lower* cumulative risk breast cancer by age 70 years for BRCA1/2 **pathogenic** mutation carriers



GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

BACKGROUND

- Reluctance to prescribe hormone replacement therapy (HRT) due to concerns → oncological safety (Women's Health Initiative (2002)) :
 - estrogen + progestin ► nominally *increased* risk breast cancer
 - higher risk cardiovascular disease, stroke and pulmonary embolism
 - FDA to change warning labels on HRT preparations (November 2025)
- Limited data on use of HRT by women with BRCA1/2 mutations
- Need to optimise management of **menopausal symptoms** in women with early surgical menopause (avoid **chronic** symptoms of estrogen depletion)

GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

- Does **HRT** use after menopause *increase* risk of breast cancer in BRCA carriers? (risk levels in relation to type of **mutation** and **formulation***)
- **Matched prospective** analysis → based on data from large global study of HRT use *after* menopause (surgical or natural):
 - health-related questionnaires every **2** years
 - data on **exposure** to HRT, **screening** practice and **outcomes**
- Total of **676** matched pairs of women → use of **HRT** or not after menopause:
 - mean age **43.8** years (22 - 76)
 - birth year, age at baseline, BRCA1/2 mutation, BSO (+age)

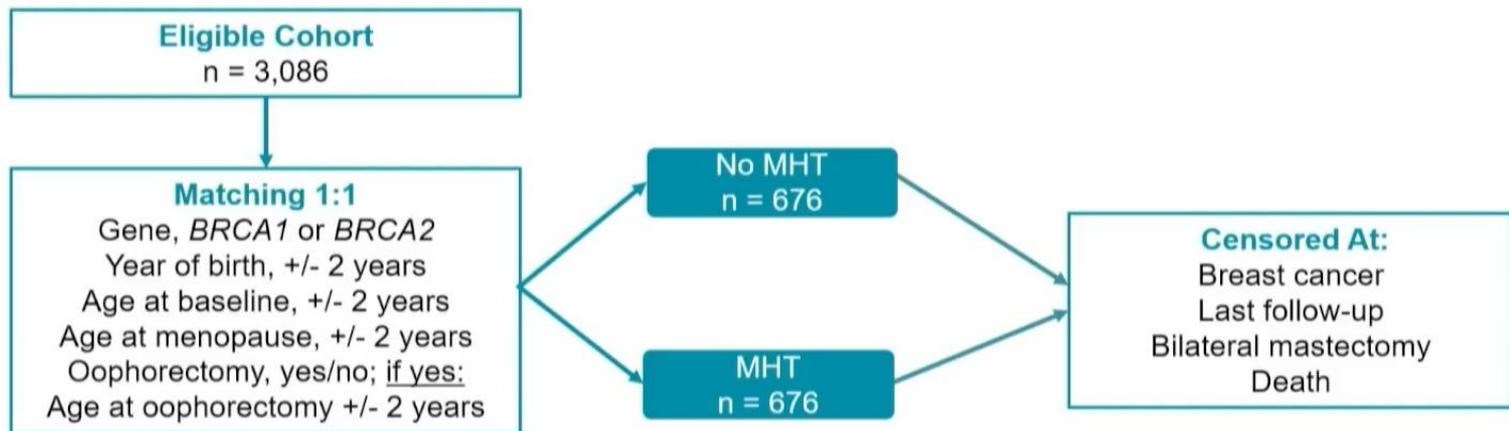
* tibolone, progesterone alone, estrogen alone or E+P, conjugated E + bazedoxifene (**SERM**)

GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]



Matched Prospective Analysis



GS3-01 - Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

Characteristics of *BRCA* carriers who did vs. did not initiate MHT after menopause



Variables, mean (range) or n (%)	No MHT (n = 676)	MHT (n = 676)	P
Year of birth	1962.3 (25-85)	1961.7 (25-83)	0.30
Age at baseline	43.8 (22-76)	43.8 (22-76)	0.97
Years of follow-up	4.6 (0.1-15)	6.6 (0.1-15)	<0.0001
Gene			
<i>BRCA1</i>	548 (81.1)	548 (81.1)	matched
<i>BRCA2</i>	128 (18.9)	128 (18.9)	
Parity			
No	78 (11.8)	100 (15.5)	0.11
Yes	562 (88.2)	554 (84.5)	
Preventive mastectomy			
No	482 (71.3)	550 (81.4)	<0.0001
Yes	194 (28.7)	126 (18.6)	
Bilateral oophorectomy			
No	35 (5.2)	35 (5.2)	matched
Yes	641 (94.8)	641 (94.8)	
Age at oophorectomy	44.4 (28-68)	44.3 (28-67)	0.84
MHT			
Age at first use	43.6 for the 62 users*	43.2	0.56
Duration of use, years	4.6 (0.25-15)*	5.7 (0.25-35)	

*

*

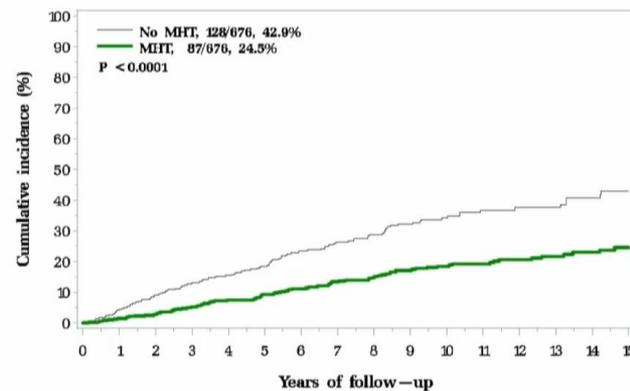
GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

RESULTS

- Use of HRT associated with significantly *lower* risk for development breast cancer (**12.9%** versus **18.9%**; $p=0.002$) [HR **0.48** 95% CI 0.36-0.63]
 - risk reduction with separate analysis **BRCA1** [HR **0.5**;95% CI 0.37 - 0.66]
 - risk reduction with separate analysis **BRCA2** [HR **0.35**;95% CI 0.15 - 0.82]

Cumulative incidence of breast cancer among *BRCA* carriers by any MHT use



GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

RESULTS

- Use of estrogen only **HRT** → associated with dramatically *lower* risk for development breast cancer (**63%**) [HR **0.37** 95% CI 0.24-0.57]
- Use of estrogen + progesterone **HRT** → no impact on risk for development breast cancer [HR **0.94** 95% CI 0.54-1.63]

MHT type	BRCA1 and BRCA2 (n = 676 pairs)		
	Cases/Total	HR (95%CI)*	P
Any MHT use			
Unexposed	128/676	1.00 (ref)	
Exposed	87/676	0.48 (0.36-0.63)	<0.0001
E alone			
Unexposed	58/291	1.00 (ref)	
Exposed	35/291	0.37 (0.24-0.57)	<0.0001
E+P			
Unexposed	42/244	1.00 (ref)	
Exposed	37/244	0.94 (0.54-1.63)	0.82

*Adjusted for parity and country of residence



GS3-01 Menopausal Hormone Therapy and the Risk of Breast Cancer in Women with a Pathogenic Variant in BRCA1 or BRCA2

[Joanne Kotsopoulos, WOMEN'S COLLEGE HOSPITAL RESEARCH AND INNOVATION INSTITUTE, UNIVERSITY of TORONTO]

DISCUSSION

- Appears to be *no* adverse effect of **HRT** on breast cancer risk in carriers of either BRCA1 or BRCA2 mutations
- **Lower risk** of breast cancer development for estrogen *alone* preparations (irrespective of route [oral/transdermal] and type of HRT)
- **Concomitant** hysterectomy at time of **BSO** (permit estrogen only HRT)
- Results not *stratified* by receptor status and *short* follow up (**6** years)
- Unclear whether use of **HRT** after **diagnosis** breast cancer *increases* mortality in BRCA mutation carriers

PD4-07 Younger Age does not Affect Survival among Women with Breast Cancer, BRCA Mutations [Eva Blondeaux, UNIVERSITY of GENOA, ITALY]

BACKGROUND

- Young age ► risk factor for breast cancer **recurrence** + **mortality**
- Most *apparent* for hormone receptor positive disease
- Unknown whether impact of age at diagnosis *similar* amongst women with **germline pathogenic variants** of BRCA1/2
 - BRCA-associated cancers more likely grade **III**, **TNBC**
 - is young age **additional** adverse prognostic factor within this cohort?
 - important for **risk** assessment, **treatment** planning and **counseling**



PD4-07 Younger Age does not Affect Survival among Women with Breast Cancer, BRCA Mutations [Eva Blondeaux, UNIVERSITY of GENOA, ITALY]

- Analysed breast cancer outcomes of young women with BRCA1 or BRCA2 germline mutations within **BRCA BCY Collaboration**:
 - total of **5,350** women (109 breast units, 5 continents)
 - aged ≤ 40 years
 - stage **I - III**
 - diagnosed between Jan 2000 and Dec 2020
- Excluded stage **IV**, **VUS** (BRCA), few details of **RRSO/RRM**
- Aimed to compare oncological outcomes in patients aged ≤ 30 years with older age groups (31 - 35 years and 36 to 40 years)



PD4-07 Younger Age does not Affect Survival among Women with Breast Cancer, BRCA Mutations [Eva Blondeaux, UNIVERSITY of GENOA, ITALY]

- Primary endpoint = **disease-free survival** (secondary endpoint **OS**)

	PATIENT AGE GROUP		
	≤30	31-35	36-40
BRCA1 mutation	71.3%	62.4%	61.1%
TNBC	56.3%	48.1%	46.6%
HIGH GRADE (III)	71.3%	66.6%	65%
TUMOR SIZE (≤2cm)	31.7%	36.6%	39.5%
CHEMOTHERAPY	94.4%	92.6%	89.7%

PD4-07 Younger Age does not Affect Survival among Women with Breast Cancer, BRCA Mutations [Eva Blondeaux, UNIVERSITY of GENOA, ITALY]

RESULTS

- At a median follow up of **8.2** years → comparable rates of 8-year **DFS** for age groups **≤30** years, **31 - 35** years and **36 - 40** years
- **No** significant association between age at diagnosis and **DFS** for age groups **31 - 35** [aHR 1.03; 95% CI 0.89-1.19] and **36 - 40** [aHR 1.03; 95% CI 0.89-1.19] compared with women aged **≤30** years
- Like wise no differences in **OS** between age groups
- Results described by presenter as “*particularly important and somewhat reassuring*”

PD4-07 Younger Age does not Affect Survival among Women with Breast Cancer, BRCA Mutations [Eva Blondeaux, UNIVERSITY of GENOA, ITALY]

DISCUSSION

- Diagnosis of breast cancer under age 30 years → perception of poorer prognosis with intrinsically more **aggressive** disease:
 - high grade III tumors
 - triple negative profile
 - BRCA1 mutations
- Adverse pathological features → do *not* translate into inferior survival outcomes (**DFS** or **OS**) for younger women (**BRCA** mutations)
- Age alone is *not* a poor prognostic factor with appropriate therapies
- *“Individualised treatment strategies”* (tumor biology + genetic status)



GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

BACKGROUND

- Up to 40% breast cancer survivors → report significant cognitive impairments following treatment
- Cognitive problems attributed to ‘**chemo brain**’ → difficulties:
 - attention
 - concentration
 - memory (telephone numbers, assigned tasks)
 - thinking clearly
- Little data on *objective* cognitive impairment (subjective patient reporting)
- Acupuncture for insomnia → “*promising effects*” on subjective cognitive impairment and cognitive function



GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomized clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

- **ENHANCED** randomised phase 2 trial to → evaluate effect of acupuncture on perceived cognitive impairment + objective cognition:

- **260** women (mean age 56.6 years, 78.4% white)
- half had received chemotherapy (**53.5%**)
- completed treatment (stage 0 - 3 breast cancer)
- experienced **insomnia**
- moderate/severe cancer related **cognitive** problems (self-reported)



- Randomly assigned 2:1:1 to receive one of following interventions:

REAL ACUPUNCTURE (n=129)

SHAM ACUPUNCTURE* (n=70)

USUAL CARE (n=61)



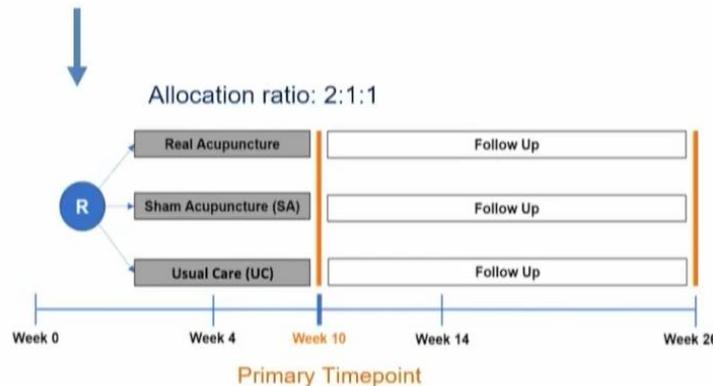
- * Mimicked real process - no penetration of needles into skin to reach acupuncture points

GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomized clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

Study Design and Key Eligibility Criteria



Phase II Randomized Clinical Trial



Key inclusion criteria:

- Stage 0-III breast cancer survivors
- Self-reported moderate or greater CRCD
- Self-reported cognitive functions worsened since diagnosis
- Self-reported insomnia

Key exclusion criteria:

- Cancer diagnosis ≥ 10 years
- Diagnosis of Alzheimer's or other organic brain disorder
- Primary psychiatric disorder not in remission
- History of stroke or head injury

GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomized clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

- Treatment sessions ~ **30** minutes duration once weekly (10 weeks)
- **PRIMARY ENDPOINT** = changes in subjective/objective cognition

Real Acupuncture (RA)

- 10 sessions (weekly); 20-30 minutes per session
- Semi-fixed protocol
- Acupoints for cognition and sleep (core), as well as comorbid symptoms (10-26 points in total)
- EA (2 Hz) if clinical indicated



Sham Acupuncture (SA)

- 10 sessions (weekly); 20-30 minutes per session
- Same acupuncturists / care
- Non-acupuncture points
- Needles taped to the skin without penetration
- No EA



Usual Care (UC)

- Received usual medical care as directed by their physicians
- No acupuncture
- Contacted at the same frequency as the acupuncture groups



GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomized clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]



Outcomes and Analyses

Perceived Cognitive Impairment (Patient-Reported Outcome):



Perceived cognitive impairment subscale of the Functional Assessment of Cancer Therapy–Cognitive Function (FACT-Cog PCI), version 3

Minimal Clinically Important Difference: ≥ 7.4 points

Objective Cognitive Function (Evaluated by blinded assessors):



Normed Total Recall T-score from the Hopkins Verbal Learning Test–Revised (HVLN-R)

Recall 12 words (3 categories) across 3 trials, then again after 20–25 min delay

Statistical Analyses

Intention-to-treat (ITT)

Linear mixed model (LMM) regression

Randomization stratification factors:

- Hormonal therapy status
- Prior chemotherapy use
- Study sites



GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

RESULTS

- Clinically meaningful improvements in **subjective** cognitive impairment in both *real* and *sham* acupuncture groups (week 10)

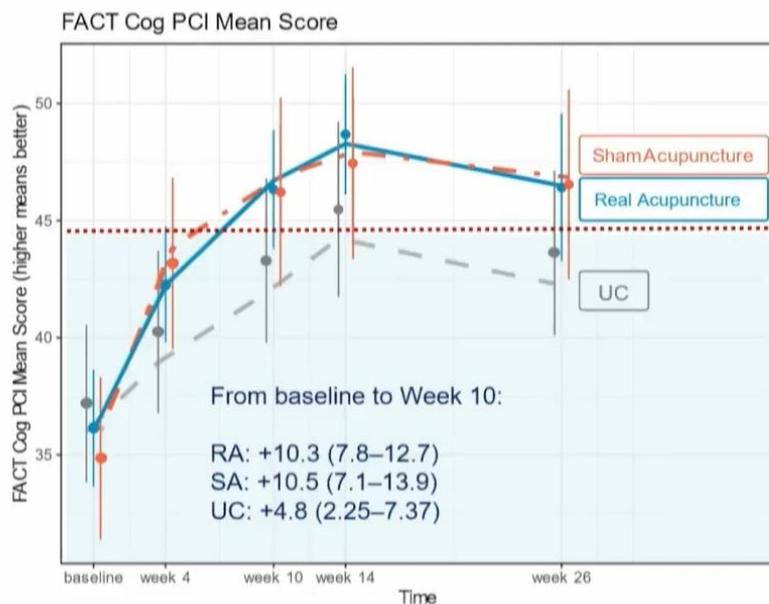
Point difference from baseline

REAL ACUPUNCTURE	10.3 [95% CI 7.8 - 12.7]
SHAM ACUPUNCTURE	10.5 [95% CI 7.1 - 13.9]
USUAL CARE	4.8 [95% CI 2.25 - 7.37]

- Sensory changes with sham acupuncture → sense of *relaxation*?

GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

Subjective: Perceived Cognitive Impairment (FACT-Cog PCI)



Minimal clinically important improvement: 7.4 points

RA was significantly more effective than UC at improving FACT-Cog PCI at

Week 10 (mean difference: 5.5, $p=0.003$)

Week 26 (mean difference: 5.5, $p=0.002$)

Differences between RA and SA were not statistically significant at either timepoint

GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

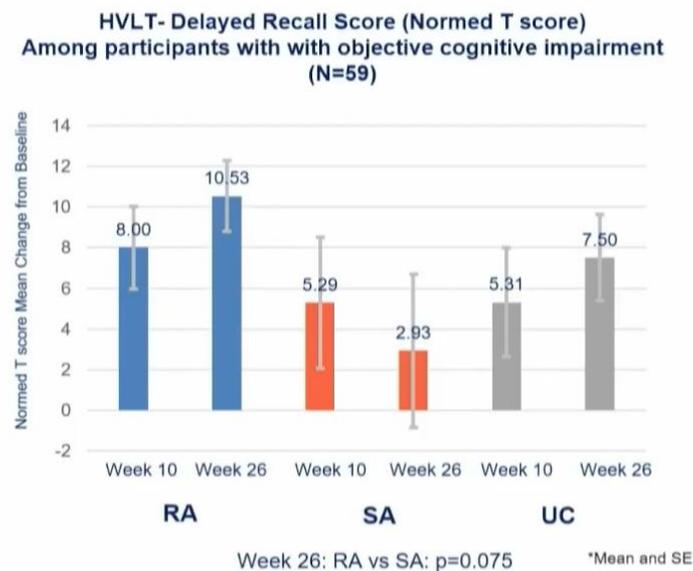
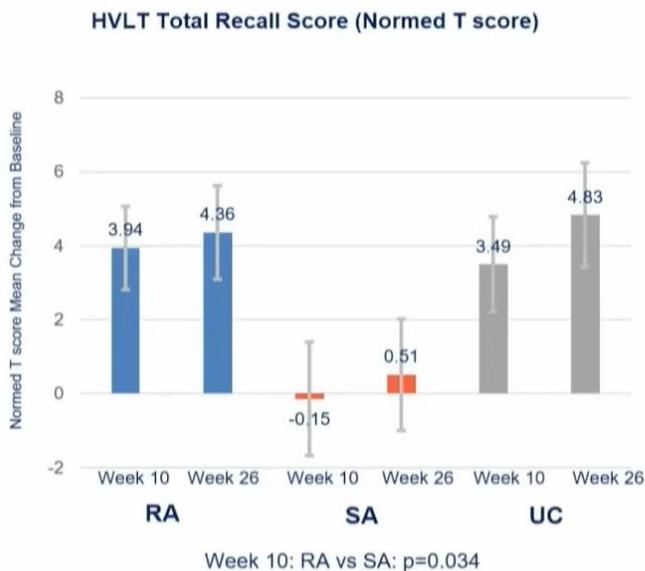
- Significant improvements in **objective** cognitive function for *real* compared with *sham* acupuncture groups weeks 10 and 26
- Point difference = **4.1** [95% CI 0.32 - 7.87] (p = **0.034**)
- Patients with objective cognitive impairment at **baseline*** derived greater benefit → from *real* acupuncture (versus *sham/usual* care)
- “*The specific acupuncture needling may have specific effect on improving objective cognitive function beyond the process of receiving acupuncture*”

* 20% participants

GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]



Objective: Cognitive Function (HVLТ)



GS3-04 - Effects of acupuncture vs sham acupuncture and usual care on cancer-related cognitive difficulties among breast cancer survivors: The ENHANCED randomised clinical trial [Jun Mao, MEMORIAL SLOAN KETTERING CANCER CENTER, NEW YORK]

DISCUSSION

- Emphasis on limitations of study in broader context:
 - impact of COVID-19 (patients with college-level education)
 - only 30% evaluated for objective cognitive function at baseline
- Improvements in \longrightarrow perceived cognitive impairment with *both* real and sham acupuncture
- Real acupuncture \longrightarrow **superior** for objective cognitive function
- Benefits from needling effects for *perceived* cognitive impairment but **specific effect** of acupuncture per se on *objective* cognitive function



GS2-05 - Primary results from HR+/HER2- cohort of TBCRC-053: A randomised trial of no, low or high dose pre-operative radiation with pembrolizumab and chemotherapy in node positive, HER2 negative breast cancer [Gaorav Gupta, UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL]

BACKGROUND

- Confirmed benefits from immune checkpoint inhibitors (ICI) in TNBC [KEYNOTE 522 trial [Schmid P, et al NEJM 2020; 382:]]
- Evidence from Checkmate 7FL* and KEYNOTE-756** for benefit ICI in *HR positive, HER2 negative* tumors (increased pCR rates)
- Benefit confined to tumors with *high* baseline levels of **stromal T-cell infiltration** and **PD-L1**

* Loi S, et al Nat Med 2025; 31: 433 - 441

** Cardoso F, et al Nat Med 2025 31: 442 - 448

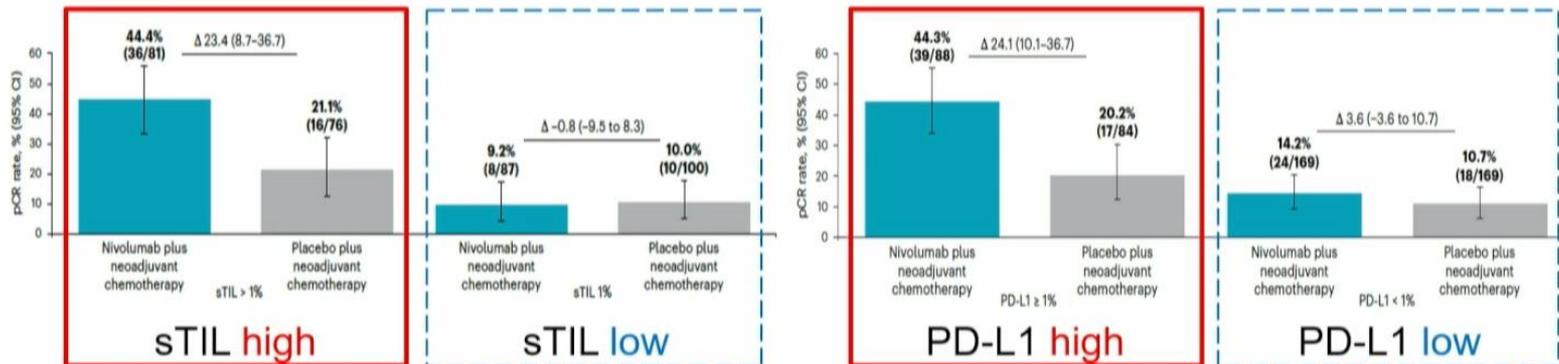


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Immune checkpoint inhibitors (ICI) in HR+HER2- early-stage breast cancer



- Checkmate 7FL¹ and KEYNOTE-756²: ↑pCR with ICI added to NAC



- ICI benefit only in tumors with high baseline TIL and PD-L1¹

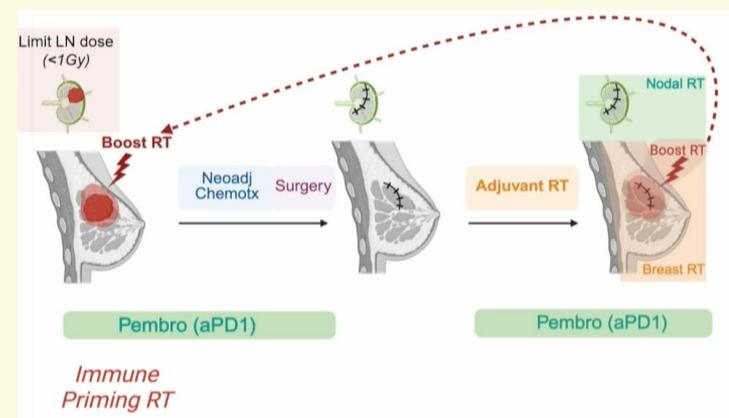
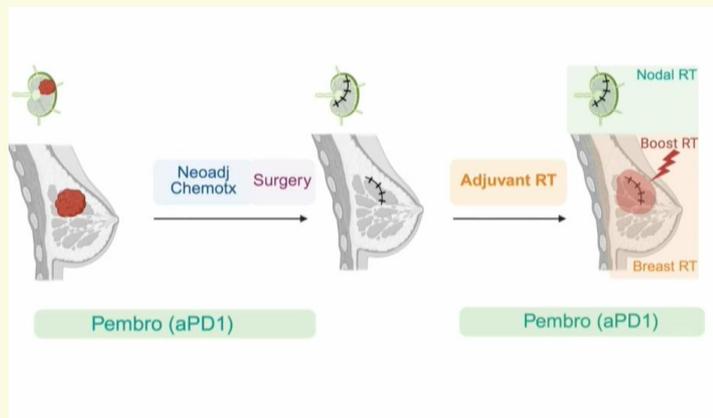
¹Loi, et al. *Nat. Med.* 2025 31:433-441. PMID: 39838118

²Cardoso, et al. *Nat. Med.* 2025 31:442-448. PMID: 39838117

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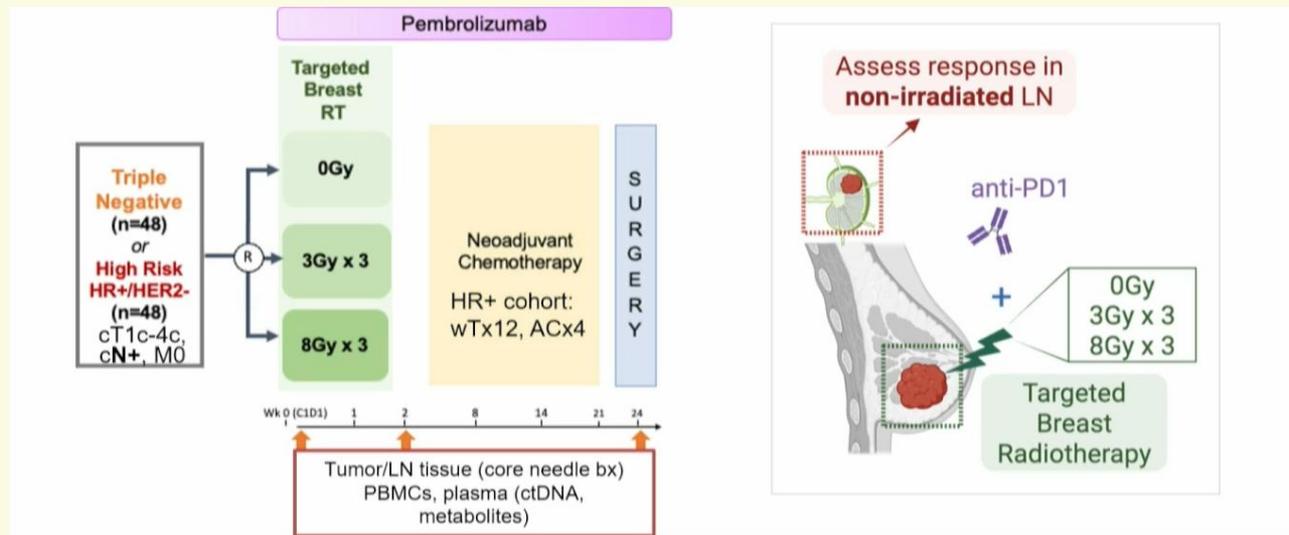
QUESTION

- Can response of HR positive/HER2-negative tumors \longrightarrow be increased by enhancing immune infiltration (sTIL/PD-L1) *before* commencing neoadjuvant chemoimmunotherapy?
- Re-purpose **radiation therapy** to stimulate immune infiltration?



GS2-05 - Primary results from HR+/HER2- cohort of TBCRC-053: A randomised trial of no, low or high dose pre-operative radiation with pembrolizumab and chemotherapy in node positive, HER2 negative breast cancer [Gaorav Gupta, UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL]

- **CanTBCRC-053(p-RAD)** randomised trial → evaluating low or high dose pre-operative radiotherapy in HR+, HER2 negative cancers:
 - 49 patients (median age 49.5 years)
 - regional nodal involvement
 - randomised 1:1:1 to none, low dose, high dose radiation (over 3 days)



GS2-05 - Primary results from HR+/HER2- cohort of TBCRC-053: A randomised trial of no, low or high dose pre-operative radiation with pembrolizumab and chemotherapy in node positive, HER2 negative breast cancer [Gaorav Gupta, UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL]

- **Primary endpoint** = breast tumor T-cell infiltration (2-week biopsy)*
- **Co-primary endpoint** = complete nodal response rate (ypN0)
- **Secondary endpoints** = composite pCR/RCB + PD-L1 expression
- **Exploratory endpoints** = transcriptional signatures of response



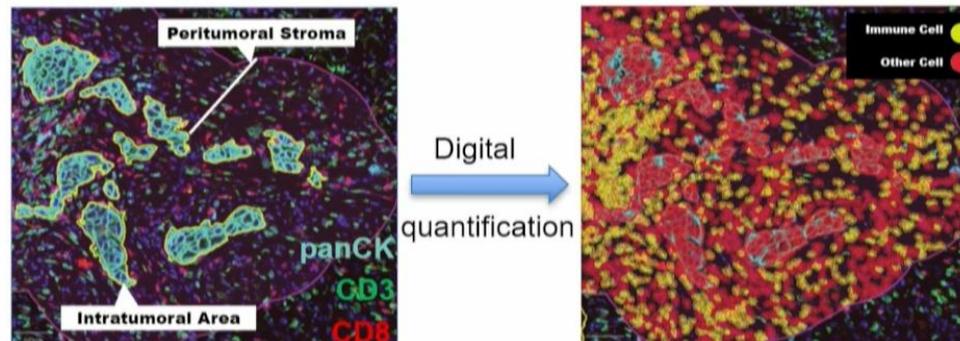
* reference cohort of untreated tumors

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Primary Endpoint: T Cell Infiltration (TCI) at 2 wks



- TCI was evaluated by a pre-defined “**Breast Immunoscore**”:
 - Percentile rank of peritumoral (i.e., stromal) and intratumoral CD3/CD8 T cell to tumor ratio relative to an untreated cohort, using multiplexed panCK/CD3/CD8 immunofluorescence
- Upper quartile (≥ 0.75) TCI is considered a T cell responder



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RESULTS

- Increase in proportion of tumors with *highest* quartile of T-cell infiltration with pre-operative radiotherapy:

Radiation dose

level of T-cell infiltration

NO RADIATION

31%

RADIATION (9Gy)

40%

RADIATION (24Gy)

53%

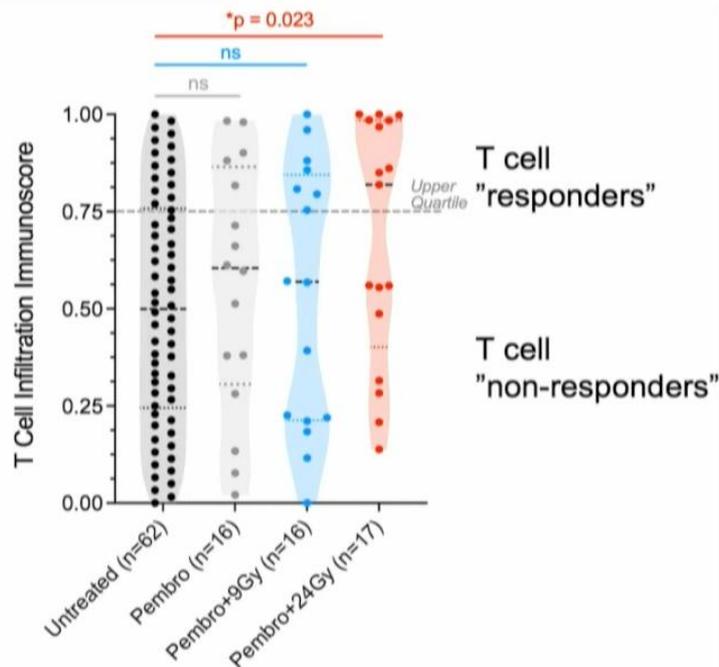
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- Primary endpoint analysis → only *high* radiation dose (**24Gy**) associated with significant increase T-cell infiltration of primary tumor
- High levels of **T-cell infiltration** linked to higher levels of **PD-L1** expression
- Pre-operative radiation treatment at dosage of **24Gy**:
 - increases *both* T-cell infiltration and PD-L1
 - *improved* response rates compared with NACT + immunotherapy

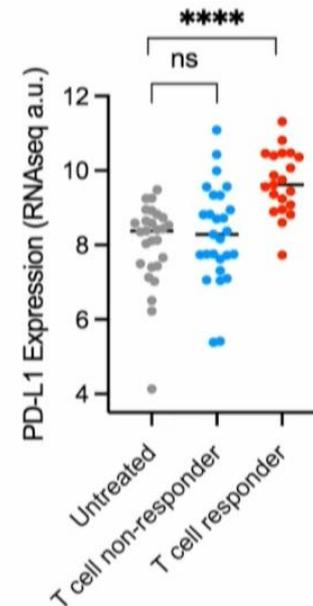


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Primary Endpoint: Pembro + 24Gy Significantly Increases TCI



T cell responders induce PD-L1 expression



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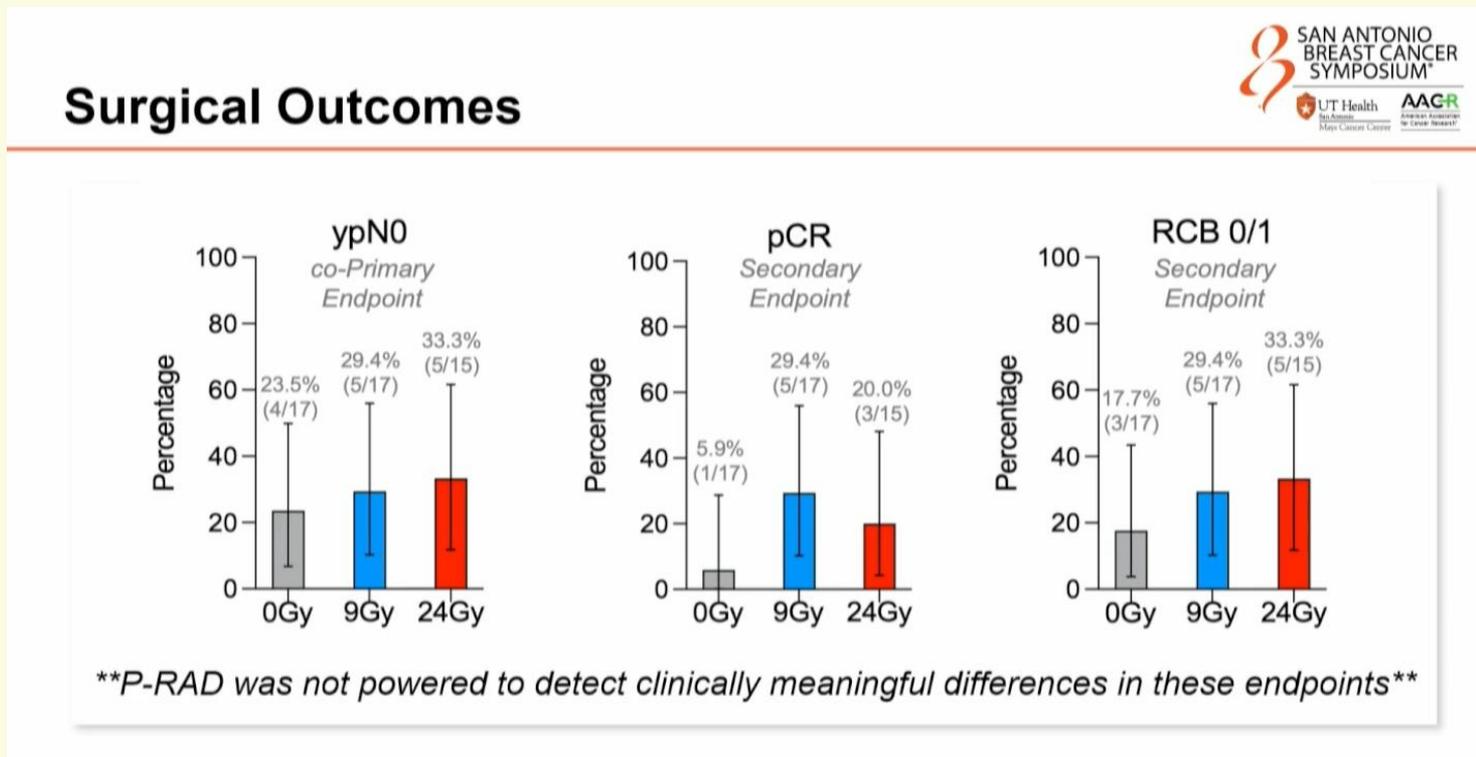
- Dose dependent **nodal** response → increased rates **ypN0** in surgically excised axillary nodes*:

Radiation dose	Rate of ypN0
NO RADIATION	24%
RADIATION (9Gy)	29%
RADIATION (24Gy)	33%

* Also increased rates overall pCR (**18%**) and lower residual cancer burden (**27%**)

GS2-05 - Primary results from HR+/HER2- cohort of TBCRC-053: A randomised trial of no, low or high dose pre-operative radiation with pembrolizumab and chemotherapy in node positive, HER2 negative breast cancer [Gaorav Gupta, UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL]

- None of the differences in **surgical outcomes** statistically significant



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DISCUSSION

- Increase in **T-cell infiltration** with pre-operative RT at dosage **24Gy** combined with pembrolizumab (ICI)
- Impressive rates of response *pathologically* in nodes despite **50%** patients with N2-N3 tumors
- Exploratory analyses \longrightarrow suggest *greatest* benefit in **non-luminal type-A tumors** with *induction* of PD-L1 at 2-week biopsy time point
- Small number of patients \longrightarrow further trials to confirm findings and clarify clinical benefits in terms of disease control

THANK YOU

