

## ABS Aspire Monthly Newsletter

### About ABS Aspire

The project aims to evaluate the different breast pain management pathways across sites in the UK and Ireland

### Phase 1 of the study is closed!

**Phase 2 has started, which is the one year follow-up data.  
Please see protocol on instructions on how to proceed.**

#### 🔍 PATHWAYS & PARTICIPATING SITES ✕

- **Dedicated breast pain pathway:** face to face appointment with a clinician. (West Hertfordshire, Surrey & Sussex, Princess Alexandra, Yeovil, North Tees & Hartlepool, Sherwood Forest, Clyde, St Vincent's, London North West, Prince Philip, Shrewsbury & Telford, Hampshire (RIS), North Cumbria, High Wycombe)
- **Telephone:** telephone assessment and mammogram for >40s. (MFT, Bolton, Lanarkshire, Plymouth, Macclesfield, Tameside, Hampshire (2WW), Wigan)
- **Self-managed:** Given information and self managed for a period of time. (Leeds, Torbay & South Devon)
- **GP Managed:** Breast pain patients managed entirely by GPs.
- **Imaging Only:** Participants sent letter to have mammogram, not examined. (St Vincent's, Royal Marsden (over 40s), Hull)
- **Control (2WW/ OSC):** (Bart's, High Wycombe, Southampton, Hull, Gateshead QE)

### UPDATES

- Number of sites recruiting: 30
- Total recruited: 5271
- Protocol paper published, to view please click [here](#)

# How to Fill the 12 Month Follow-up Questionnaire

Editing existing Record ID (auto generated) 1.

Record ID (auto generated) 1

ASPIRE Study ID

Has the patient re-presented to local secondary care breast services in the 12 months following their breast pain assessment ? ☒ Yes ☐ No [reset](#)

If yes, was this for: ☐ Breast pain only ☐ Other breast Symptoms [reset](#)

**Additional Symptoms - if Breast pain was not the sole presenting symptom**

How many times has the patient been seen for **breast symptoms** in the breast clinic since their breast pain assessment? ☐ 1 ☐ 2 ☐ 3 ☐ 3+ [reset](#)

Has the patient had further unplanned imaging since their assessment? ☐ Mammogram ☐ USS ☐ Tomosynthesis ☐ MRI ☐ No Imaging

Has the patient had a screening mammogram? ☐ Yes ☐ No ☐ Unknown [reset](#)

Has the patient had an unplanned biopsy since their assessment? ☐ Yes ☐ No [reset](#)

Has the patient subsequently been diagnosed with a cancer? ☐ Yes ☐ No [reset](#)

Other comments

Fill the ASPIRE ID in the original questionnaire

Select Yes if the patient has returned to the clinic within 12 months of their first appointment.

Select all applicable options if the patient had breast screening, mammogram, or biopsy in the past 12 months

Click below for Database Link: <https://redcap.mft.nhs.uk>

**PLEASE EMAIL FOR MORE INFORMATION: [ABS.ASPIRE.PROJECT@GMAIL.COM](mailto:ABS.ASPIRE.PROJECT@GMAIL.COM)**