

ABS Specialty skills in implant-based reconstruction(formerly known as Specialty Skills in Breast Surgery Level 1)

5-6 October 2026

Day 1		
0830-0900	Registration & Refreshment	
0900-0910	Introduction & Welcome	Aims & Objectives
0910-0915	Implant based reconstruction in context	What else is in the toolbox?
0915-0925	A considerate mastectomy	A structured approach to planning an oncoplastic simple mastectomy
0925-0955	Workshop: Simple mastectomy scar placement	4 or 5 groups: 2 faculty: 1 model: 4-5 delegates
1000-1020	How to assess breast aesthetics	A structured approach Positioning, measurements, tools & mirrors
1020-1100	Workshop: Breast Aesthetics	4 or 5 groups: 2 faculty: 1 model: 4-5 delegates
1100-1120	Coffee with the sponsors	
1120-1125	Introduction to a structured approach	The Envelope, Pocket, Implant approach
1125-1145	Patient selection	The cornerstone to successful implant-based reconstruction Risk factors for poor outcomes & failure
1145-1150	ENVELOPE	Skin resection Scar pattern & the Nipple / NAC
1150-1205	Taking care of the flaps	Techniques & tips for Optimising success
1205-1220	The nipple/NAC	When & when not to spare Techniques & tips
1220-1245	Skin Sparing mastectomy & reconstruction: The small to moderate breast	Scar placement & considerations Techniques & tips
1245-1330	Workshop: Immediate reconstruction in the small to moderate breast	Marking up & planning for an implant based immediate reconstruction
1330-1415	Lunch	
1415-1445	Skin reducing mastectomy & reconstruction: The large breast	Scar placement & considerations Techniques & tips Dermal sling - the 'freebie mesh'
1445-1545	Workshop: Immediate reconstruction in the large breast	Marking up & planning for an implant based immediate reconstruction
1545-1600	Coffee with the sponsors	
1600-1605	POCKET	Positioning Technique Mesh
1605-1615	An overview of techniques	Overview of one & two stage reconstruction pre & sub pectoral, Implant/expander/expander implant reconstruction techniques
1615-1630	Sub pectoral mesh-assisted technique	Considerations, techniques & tips

1630-1645	Pre pectoral mesh-assisted technique	Consideration, techniques & tips
1645-1655	Q&A	Quiz the faculty
1655-1715	Oncoplastic MDM	Case-based discussions focused on day 1 content
1715-1730	Platinum sponsor Presentation	Platinum sponsor Presentation
1730-1745	Platinum sponsor Presentation	Platinum sponsor Presentation
course dinner from 1930 at TBC		
Day 2		
0815-1130	Cadaveric workshop	
	Briefing prior to the cadaveric workshop	
	Undertake a skin sparing mastectomy & immediate reconstruction	Using an implant or tissue expander & lower pole dermal sling and/or ADM
1130-1200 Coffee with the sponsors		
1200-1205	IMPLANTS	Implants Expander implants Expanders
1205-1220	Implants	Overview of Implants, Expander implants & Expanders What influences selection between Implants, Expander implants and Expanders Pros and cons
1220-1230	How to select the implant / expander	A practical guide to correct selection implants / expanders using catalogues & matrices
1230-1300	Workshop: Mark up & implant selection - Immediate reconstruction small/moderate breast	The matrix & catalogues in action. Marking up, planning & implant selection for an implant based immediate reconstruction
1300-1330	Workshop: Mark up & implant selection - Immediate reconstruction large breast	The matrix & catalogues in action. Marking up, planning & implant selection for an implant based immediate reconstruction
1330-1415 Lunch		
1415-1500	Psychological aspects of reconstructive surgery	The psychological aspects of the reconstruction journey and outcomes of surgery, plus the factors influencing them
1500-1515	Consent	The consent process The importance, what to include & tools to assist the process
1515-1530	Q&A	Quiz the faculty on Psychological aspects of breast reconstruction and consent
1530-1545	Incremental changes to reduce risk of early failure in implant reconstruction	GIRFT at pre, intra & post OP
1545-1600	Faculty Top Tips	
1600-1655	Oncoplastic MDM: a collaborative approach	Case presentations with a focus on implant reconstruction
1655-1700	Consolidation & closing	
Coffee & tea available 1500-1700hrs		

