



## Specialty Skills in Breast Surgery (Level 1): Principles in Breast Reconstruction & Implant Based Reconstruction

31st January & 1st February 2019 • Manchester Surgical Skills and Simulation Centre

**The Association of Breast Surgery will be running the Specialty Skills in Breast Surgery (Level 1): Principles in Breast Reconstruction & Implant Based Reconstruction course for the first time in 2019.**

Having taken over the breast specialty portfolio from the Royal College of Surgeons of England, this course will be held for the first time at the Manchester Surgical Skills and Simulation Centre.

This cadaveric & skills based course is aimed at breast and plastic surgery trainees (ST3-5) as well as consultant surgeons, associate specialists, trust surgeons, breast care nurses and reconstruction nurses wishing to develop an interest in reconstructive breast surgery.

This is an excellent introduction to the basic concepts and principles of immediate and delayed reconstructive breast surgery. This includes essential issues around patient selection, informed consent, psychological evaluation and research. It provides

in depth teaching and demonstration of current techniques in implant based reconstruction with the opportunity of cadaveric dissection in the simulated skills laboratory.

The course is targeted at clinicians who wish to have a better understanding of breast aesthetics and decision-making in breast reconstruction techniques and develop their skills in implant breast reconstruction, including the use and indications of mesh assisted and pre pectoral implant reconstruction. The course is practical and hands on, including lectures, practice mark up and cadaveric simulated procedures of the latest implant based reconstruction techniques. It is delivered by an experienced faculty of expert breast and plastic surgeons, with a high ratio of faculty to delegates.

Registration is now open on the ABS website:

[www.associationofbreastsurgery.org.uk](http://www.associationofbreastsurgery.org.uk)

# PROVISIONAL PROGRAMME

## Day 1: Thursday 31st January 2019

08:30 to 09:00	<b>Registration and refreshments</b>	
09:00 to 09:30	<b>Aims and objectives of oncoplastic portfolio</b>	Mr Richard Sutton & Miss Anne Tansley
09:30 to 10:00	<b>A “considerate mastectomy” – how to do the best mastectomy</b> <ul style="list-style-type: none"> <li>Placement of scars &amp; poor scars, avoiding lateral dog ear - tips and techniques</li> <li>Mastectomy for secondary breast reconstruction</li> </ul>	Miss P G Roy
10:00 to 10:30	<b>How to assess breast aesthetics</b> <ul style="list-style-type: none"> <li>A standardised approach</li> <li>Measurements and tools</li> </ul>	Miss Jo Skillman
10:30 to 11:00	<b>Refreshments</b>	
11:00 to 11:30	<b>Skin sparing mastectomy</b> <ul style="list-style-type: none"> <li>Types of scar placement and flap thickness</li> <li>Tips and techniques</li> <li>Sparing the nipple</li> </ul>	Mr Iain Brown
11:30 to 12:30	<b>Workshops A &amp; B (Case based discussion with models – 4 groups)</b> <p><b>Workshop A: Breast aesthetics</b></p> <ul style="list-style-type: none"> <li>A standardised approach</li> <li>Surface anatomy</li> <li>Landmarks and measurements</li> <li>Ptois classification</li> </ul> <p><b>Workshop B: Mastectomy scar placement</b></p> <ul style="list-style-type: none"> <li>Low IMF scar for delayed reconstruction</li> <li>Avoiding lateral dog ears</li> <li>Preserving IMF in immediate reconstruction</li> <li>Skin reducing incisions</li> </ul>	All Faculty
12:30 to 13:30	<b>Lunch</b>	
13:30 to 14:00	<b>A patient experience of breast reconstruction</b>	Ms Nicola Carson
14:00 to 14:30	<b>Psychological surgery: Why do women choose to have a breast reconstruction</b>	Prof Diana Harcourt
14:30 to 15:30	<b>Workshops C &amp; D (Case based discussion with models – 4 groups)</b> <p><b>Workshop C: Immediate reconstruction</b></p> <p><b>Workshop D: Delayed reconstruction</b></p> <ul style="list-style-type: none"> <li>Choices and counselling</li> <li>Calculating mastectomy skin loss for autologous reconstruction</li> <li>Contralateral breast and planning mastectomy scars</li> </ul>	All Faculty
15:30 to 16:00	<b>Refreshments</b>	
16:00 to 16:45	<b>Reconstructive breast surgery: The basics of getting it right:</b> <ul style="list-style-type: none"> <li>Overview of techniques</li> <li>Consent</li> <li>Patient selection</li> </ul>	Miss Anne Tansley
16:45 to 17:15	<b>Breast reconstructive surgery and radiotherapy</b>	Miss Ritchie Chalmers
17:15	<b>Finish</b>	



## Day 2: Friday 1st February 2019

08:00 to 08:30	<b>Registration and refreshments</b>	
08:30 to 09:00	<b>Implant only reconstruction. The traditional approach: The basics of getting it right</b> <ul style="list-style-type: none"> <li>· An overview of techniques</li> <li>· Patient selection</li> <li>· Implant choices</li> <li>· Decisions between one and two stage reconstruction</li> <li>· Totally sub muscular approach</li> </ul>	Mr Richard Sutton
09:00 to 10:30	<b>Extending the role of implant based reconstruction</b> <ul style="list-style-type: none"> <li>· Dermal slings - technique</li> <li>· Acellular Dermal Matrices &amp; mesh</li> <li>· Sub pec and pre pec techniques</li> </ul>	Mr Steven Thrush & Mr John Murphy
10:30 to 10:45	<b>Refreshments</b>	
10:45 to 11:45	<b>Workshops E &amp; F</b>  <b>Workshop E: Implants, expanders, ports, catalogues &amp; implant banks</b>  <b>Workshop F: Marking up and implant sizing</b>	All Faculty
11:45 to 12:15	<b>Review of the data from iBRA</b>	Mr Steven Thrush
12:15 to 12:45	<b>Incremental changes to reduce risk of early failure in implant based reconstruction</b>	Miss Lisa Caldon
12:45 to 13:45	<b>Lunch</b>	
13:45 to 15:45	<b>Workshop G: Implant reconstruction</b> Faculty demonstration of two stage reconstruction and ADM assisted implant based reconstruction	All Faculty
15:45 to 16:00	<b>Refreshments</b>	
16:00 to 17:00	<b>Oncoplastic MDM: A collaborative approach</b>  <b>Case presentations with focus on implant reconstruction</b>	Mr Iain Brown & Mr Adam Critchley
17:00	<b>Finish</b>	

Learning objectives are available on the ABS website



# REGISTRATION AND DELEGATE INFORMATION

## Registration

Registration is now open via the ABS website. The course is limited to 20 places. Course Fees for both days and including the course dinner on the 31st January are:

ABS Members: £950  
Non Members: £1,195

## Venue

The course will be held at the Manchester Surgical Skills and Simulation Centre, University of Manchester, Stopford Building, Oxford Road, Manchester, M13 9PT

## Accommodation

Delegates must arrange their own accommodation. There is a wide range of hotels in the vicinity of the course venue.

## CPD

CPD points have been applied for from the Association of Surgeons of Great Britain and Ireland for this course.

## Further information

For further information see the ABS website or contact 020 7869 6853 or 6855

## TERMS AND CONDITIONS

### Cancellations and substitutions

Cancellations must be received in writing by Monday 7th January 2019 to receive a refund of the fee less a 10% administration charge. After this date no refunds can be made. Substitutions can be made at any time, but the course organiser must be notified in writing at least seven days prior to the event.

### Programme and speaker changes

The organisers reserve the right to change the course sessions or speakers in case of illness or circumstances beyond their control.

### Insurance

The organisers do not accept responsibility for loss or damage to delegates own property and/or personal effects whilst at the course. The organisers do not accept responsibility for loss or damage to personal effects caused by events beyond their control, including (but without limitation) fire, flood, strikes, civil disturbances, or for consequential loss or damage of any kind whatsoever.

### Data protection

The Association of Breast Surgery will not release members' or delegates' details to any organisation, person or external body. The ABS will only contact non members with details of future events if they consent to receive this information when registering.



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