

COMMUNICATION IN THE METASTATIC SETTING – ½ DAY WORKSHOP

Date & Timings	Wednesday 1 st November 2017- 12 noon ~ 7pm Thursday 2 nd November 2017 ABC4 http://www.abc-lisbon.org/
REGISTRATION	www.lisbonmasterclass.com
Venue	Lisbon, Portugal at the SANA Malhoa Hotel http://www.malhoa.sanahotels.com/
Chaired by	Professor Dame Lesley Fallowfield DBE, BSc, D.Phil, F.Med.Sci, Director of SHORE-C UK

Communicating about metastatic bone disease in breast cancer

Professor Dame Lesley Fallowfield, Professor Luzia Travado and Dr Fatima Cardoso

Approximately 70% of patients with advanced breast cancer develop metastatic bone disease (MBD). The consequences of this, in addition to the emotional burden of having an increasing threat to life, are significant. Along with reduced survival, there are a myriad of associated impacts and complications which include skeletal related events such as pathological fractures and spinal cord compression. Patients may experience debilitating bone pain that can reduce mobility and have a deleterious effect on the physical, functional, sexual, social and emotional well-being of both patients and their families. Unfortunately, a few countries still have difficulties prescribing drugs that offer optimal pain relief and some doctors work within healthcare systems that grapple with the unavailability of certain promising new treatments.

Discussing metastatic bone disease is never easy and healthcare professionals will encounter numerous communication challenges. Giving the diagnosis, dealing with uncertainty, explaining prognosis and treatment options are not always easy tasks

Those patients who present with metastatic disease need help assimilating a large amount of relatively new and unexpected information. For others who have been successfully treated for several years with many different lines of therapy, there comes a time when further active anti-cancer treatment is futile and the benefits of good quality supportive care needs emphasising. A patient's social circumstances and likely support might also influence the management plans offered and patients' underlying personality characteristics mean that they will respond in many different ways to the information that they receive.

This interactive workshop will be run by experienced facilitators who will give participants opportunities to increase their repertoire of skills when communicating about sad, bad and difficult news in MBD.

Programme

The programme will be learner-centered and interactive containing a mix of didactic presentations, with group exercises and facilitated discussion using prepared video materials.

DAY ONE

12.00 - 12.30	Registration
12.30 – 13.15	“Your cancer has spread to the bone”: challenges when communicating about metastatic breast cancer” Dr Fatima Cardoso, Director Breast Unit, Champalimaud Clinical Center
13.15 - 14.00	Lunch
14.00 – 15.15	Introduction to the workshop /Primary communication problems encountered in clinic Professor Dame Lesley Fallowfield & Professor Luzia Travado
15.15 – 15.30	Tea
15.30 – 17.30	Interactive sessions (in smaller groups) (1) Handling unexpected news of MBD in patient diagnosed originally with low risk disease (2) Handling prognosis and expectations in a patient with multiple metastases
17.45 – 18.30	Summary & Evaluation
19:00 – 20:30	Supper and networking
DAY TWO	<i>Optional: ABC₄ Meeting (please contact Athena to register for the ABC₄ ~ Registration fees apply)</i>

This meeting is sponsored by Amgen Oncology. Amgen Oncology have had no influence into the programme content. CPD accreditation applied for. Athena Meetings & Events are the secretariat. This meeting is for oncology healthcare professionals ONLY. Athena Meetings & Events, Beechfield House, Winterton Way, Macclesfield, Cheshire, UK SK11 0LP