

ABS Breast Specialty Course Portfolio

PROVISIONAL PROGRAMME

Specialty Skills in Breast Surgery (Level 1): Principles in Breast Reconstruction & Implant Based Reconstruction

4&5 October 2021

Day 1: Monday 4 October 2021

Time	Event
0830-0900	Registration & Refreshment
0900-0930	Introduction and Welcome <i>Aims and Objectives of the Oncoplastic portfolio</i>
0930-1000	A considerate mastectomy <i>How to plan and perform a good oncoplastic mastectomy</i> <i>Avoiding lateral 'dog ears'</i> <i>The relevance to planning a delayed reconstruction</i>
1000-1030	How to assess breast aesthetics <i>A structured approach</i> <i>Measurements, tools and mirrors</i>
1030-1100	Refreshments
1100-1130	Skin Sparing mastectomy <i>Sparing the nipple</i> <i>Tips and techniques</i> <i>Scar placement & flap thickness</i>
1130-1230	<u>Workshops</u> Workshop A: Breast Aesthetics Workshop B: Mastectomy scar placement
1230-1330	Lunch
1330-1400	Reconstructive breast surgery: the essentials of getting it right <i>Patient selection</i> <i>Consent and counselling</i> <i>An overview of strategies & techniques</i> <i>An understanding of psychological outcomes</i>
1400-1415	Sponsor
1415 1515	<u>Workshops</u> Workshop C: Immediate Reconstruction <i>Marking up and implant selection for an implant based immediate reconstruction</i> Workshop D: Delayed reconstruction <i>Choices and counselling</i> <i>Calculating skin loss for autologous reconstruction</i> <i>Contralateral breast</i>
1515-1545	Refreshments
1545-1615	Implant/ expander based reconstruction <i>An overview of implant based techniques</i>

	<i>Patient selection</i> <i>Decision between one and two stages</i> <i>Implant choices</i>
1615-1645	Workshop E: Implants, expanders, the matrix and catalogues <i>Understanding different implants / expanders</i> <i>Implant selection and catalogues</i>
1645-1745	Technical advances with implant based reconstructive surgery <i>Lower pole dermal slings</i> <i>ADM or mesh assisted reconstruction</i> <i>Pre pectoral pocket</i>

Day 2: Tuesday 5 October 2021

Time	Event
0815 -0830	Sponsor
0830-0900	Briefing prior to the cadaveric workshop
0900-1100	Cadaveric workshop <i>To undertake a skin sparing mastectomy</i> <i>With an immediate reconstruction using an implant or tissue expander and lower pole dermal sling and / or ADM</i>
1100-1115	Refreshment
1115-1145	Review of data from IBRA
1145-1230	Incremental changes to reduce risk of early failure in implant reconstruction
1230-1330	Lunch
1330 - 1345	Sponsor
1345-1415	Breast Reconstructive surgery and radiotherapy
1415-1515	What to do when it goes wrong! <i>Managing complications</i>
1515-1530	Refreshment
1530-1630	Oncoplastic MDM: a collaborative approach <i>Case presentations with a focus on implant reconstruction</i>
1630-1700	Consolidation