

ABS ASPIRE MONTHLY NEWSLETTER



UPDATES

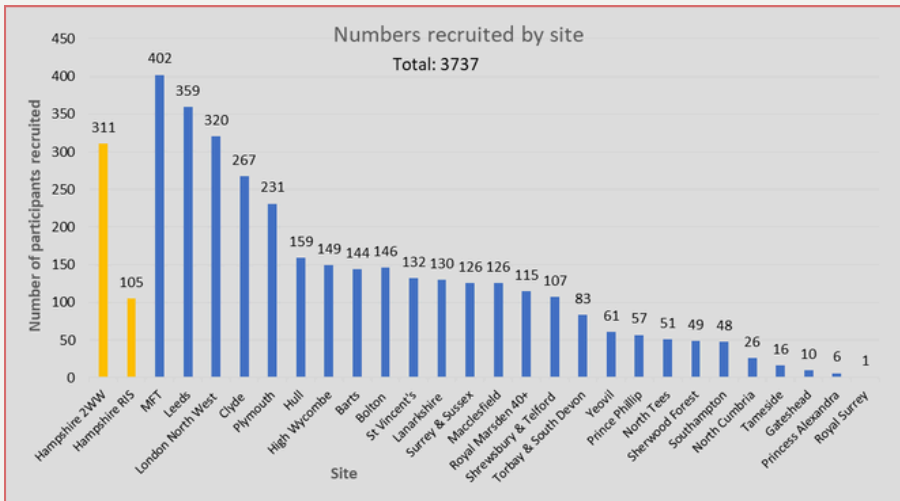
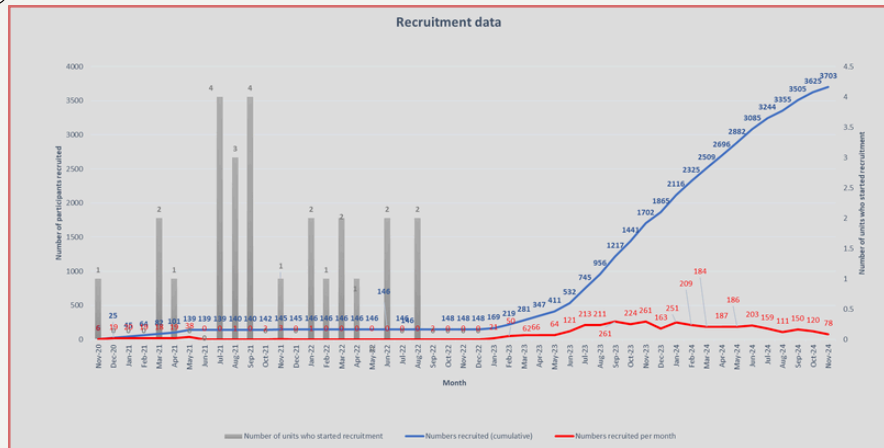
- Number of sites onboarded: 35
- Number of sites recruiting: 28
- We have now recruited over 3700 participants!
- Total recruited: 3737
- End of recruitment: December 2024
- Protocol paper published, to view please click [here](#)

ABOUT ABS ASPIRE

The project aims to evaluate the different breast pain management pathways across sites in the UK and Ireland

Q PATHWAYS X

- **Dedicated breast pain pathway:** face to face appointment with a clinician
- **Telephone:** telephone assessment and mammogram for >40s
- **Self-managed:** Given information and self managed for a period of time
- **GP Managed:** Breast pain patients managed entirely by GPs
- **Imaging Only:** Participants sent letter to have mammogram, not examined
- **Control (2WW/ OSC)**



Click below for Database Link:
<https://redcap.mft.nhs.uk>

PLEASE EMAIL FOR MORE INFORMATION:
ABS.ASPIRE.PROJECT@GMAIL.COM

Participating sites:

- **Telephone:** MFT, Bolton, Lanarkshire, Plymouth, East Cheshire, Tameside
- **Dedicated breast pain clinic:** Surrey & Sussex, Princess Alexandra, Yeovil, Royal Wolverhampton, North Tees & Hartlepool, Wessex/HHFT, Sherwood Forest, Clyde, St Vincent's, London North West, Prince Philip, East & North Hertfordshire, Belfast Shrewsbury & Telford
- **GP Managed:** Hull, James Paget (not fully onboarded), Guildford
- **Self-managed:** Leeds, Wessex/HHFT, Royal Marsden (Under 40s), Torbay & South Devon
- **Imaging only:** St Vincent's, Royal Marsden (over 40s)
- **Control:** Bart's, High Wycombe, Southampton, Mid & South Essex, King's College, Hull, Gateshead QE