



## Specialty Skills in Breast Surgery (Level 1): Principles in Breast Reconstruction & Implant Based Reconstruction

10 & 11 February 2020 • Manchester Surgical Skills and Simulation Centre

**This cadaveric & skills based course is aimed at breast and plastic surgery trainees (ST3-5) as well as associate specialists, trust surgeons, breast care nurses and reconstruction nurses wishing to develop an interest in reconstructive breast surgery.**

This is an excellent introduction to the basic concepts and principles of immediate and delayed reconstructive breast surgery. This includes essential issues around patient selection, informed consent, psychological evaluation and research. It provides in depth teaching and demonstration of current techniques in implant based reconstruction with the opportunity of cadaveric dissection in the simulated skills laboratory.

The course is targeted at clinicians who wish to have a better understanding of breast aesthetics and decision-making in breast reconstruction techniques and develop their skills in implant breast reconstruction, including the use and indications of mesh assisted and pre pectoral implant reconstruction. The course is practical and hands on, including lectures, practice mark up and cadaveric simulated procedures of the latest implant based reconstruction techniques. It is delivered by an experienced faculty of expert breast and plastic surgeons, with a high ratio of faculty to delegates.

# PROVISIONAL PROGRAMME

## Day 1: Monday 10 February 2020

0830-0900	<b>Registration and refreshments</b>	
0900-0930	<b>Introduction and Welcome</b> Aims and Objectives of the Oncoplastic portfolio	<i>Richard Sutton &amp; Lisa Caldon</i>
0930-1000	<b>A considerate mastectomy</b> How to plan and perform a good oncoplastic mastectomy Avoiding lateral 'dog ears'-Tips and Techniques The relevance to planning a delayed reconstruction	<i>PG Roy</i>
1000-1030	<b>How to assess breast aesthetics</b> A structured approach Measurements, tools and mirrors	<i>Rachel Tillet</i>
1030-1100	<b>REFRESHMENTS</b>	
1100-1130	<b>Skin Sparing mastectomy</b> Sparing the nipple Tips and techniques Scar placement & flap thickness	<i>Iain Brown</i>
1130-1230	<b>WORKSHOPS</b>  <b>Workshop A: Breast Aesthetics</b> <ul style="list-style-type: none"> <li>• A standardised approach</li> <li>• Surface anatomy</li> <li>• Landmarks and measurements</li> <li>• Ptosis classification</li> </ul> <b>Workshop B: Mastectomy scar placement</b> <ul style="list-style-type: none"> <li>• Low IMF scar for delayed reconstruction</li> <li>• Avoiding lateral dog ears</li> <li>• Preserving IMF in immediate reconstruction</li> <li>• Skin reducing incisions</li> </ul>	<i>All faculty</i>
1230-1330	<b>LUNCH</b>	
1330-1400	<b>Reconstructive Breast Surgery: The essentials of getting it right</b> <ul style="list-style-type: none"> <li>• patient selection</li> <li>• consent and counseling</li> <li>• an overview of strategies &amp; techniques</li> </ul>	<i>Anne Tansley</i>
1400-1500	<b>WORKSHOPS</b>  <b>Workshop C: Immediate Reconstruction</b> <ul style="list-style-type: none"> <li>• Marking up and implant selection for an implant based immediate reconstruction</li> </ul> <b>Workshop D: Delayed reconstruction</b> <ul style="list-style-type: none"> <li>• Choices and counseling</li> <li>• Calculating skin loss for autologous reconstruction</li> <li>• Contralateral breast</li> </ul>	<i>All faculty</i>
1500-1530	<b>REFRESHMENTS</b>	

## Day 1: Monday 10 February 2020

1530-1600	<b>Implant/ expander based reconstruction</b> <ul style="list-style-type: none"> <li>• An overview of implant based techniques</li> <li>• Patient selection</li> <li>• Decision between one and two stages</li> </ul> <b>Implant choices</b>	<i>Richard Sutton</i>
1600-1630	<b>Workshop E</b> <b>Implants, expanders, the matrix and catalogues</b> <ul style="list-style-type: none"> <li>• Understanding different implants / expanders</li> <li>• Implant selection and catalogues</li> </ul>	<i>All faculty</i>
1630-1730	<b>Technical advances with implant based reconstructive surgery</b> <ul style="list-style-type: none"> <li>• Lower pole dermal slings</li> <li>• ADM or mesh assisted reconstruction</li> <li>• Pre pectoral pocket</li> </ul> <b>Breast Reconstructive surgery and Radiotherapy</b>	<i>Steven Thrush &amp; John Murphy</i>

## Day 2: Tuesday 11 February 2020

0800 -0830	<b>Introductory meeting</b>	
0830-0900	<b>Briefing prior to the cadaveric workshop</b>	
0900-1100	<b>Cadaveric workshop</b> <ul style="list-style-type: none"> <li>• To undertake a skin sparing mastectomy</li> <li>• With an immediate reconstruction using an implant or tissue expander and lower pole dermal sling and / or ADM</li> </ul>	<i>All faculty</i>
1100-1115	<b>REFRESHMENTS</b>	
1115-1145	<b>Review of data from IBRA</b>	<i>Shelley Potter</i>
1145-1215	<b>Incremental changes to reduce risk of early failure in implant reconstruction</b>	<i>Lisa Caldon</i>
1215-1330	<b>LUNCH</b>	
1330-1400	<b>Breast Reconstructive surgery and Radiotherapy</b>	<i>Ritchie Chalmers</i>
1400-1500	<b>What to do when it goes wrong!</b> Managing complications	<i>Penny Mcmanus</i>
1500-1530	<b>REFRESHMENTS</b>	
1530-1630	<b>Oncoplastic MDM: a collaborative approach</b> Case presentations with a focus on implant reconstruction	<i>Yazan Masannat &amp; Iain Brown</i>
1630-1700	<b>Consolidation</b>	<i>Richard Sutton &amp; Lisa Caldon</i>

Learning objectives are available on the ABS website.

## Some comments about this course:

*“An excellent course which was taught by consultants who were very good teachers and trainers. I believe their passion for their profession shone through over the two days, not only from listening to their discussions about all things related to breast reconstruction but also from their enthusiasm to teach. The course outline was well thought out and the two days delivered all that was set out on the list of objectives. Really would recommend it to any aspiring breast trainees as I have learnt so much from it.”*

*“The faculty were enthusiastic and very happy to answer all questions. As a senior trainee they were able to reinforce the basics of breast reconstruction (in a much more structured way than is possible in a busy breast firm) and address some more advanced points too. The cadaveric workshop was a fundamental attraction for the course and was an excellent opportunity to receive feedback.”*

## REGISTRATION & DELEGATE INFORMATION

### Registration

Registration is now open via the ABS website. The course is limited to 20 places. Course Fees for both days and including the course dinner on the 10 February are:

**ABS Members:** £750

**Non Members:** £1200

### Venue

The course will be held at the Manchester Surgical Skills and Simulation Centre, University of Manchester, Stopford Building, Oxford Road, Manchester, M13 9PT

### Accommodation

Delegates must arrange their own accommodation. There is a wide range of hotels in the vicinity of the course venue.

### CPD

14 CPD points have been applied for from the Association of Surgeons of Great Britain and Ireland for this course application to RCS will go in but for this course we will need ASGBI CPD

### Further information

For further information see the ABS website or contact 020 7869 6853 or 6855

## TERMS AND CONDITIONS

### Cancellations and substitutions

Cancellations must be received in writing by Monday 6th January 2020 to receive a refund of the fee less a 10% administration charge. After this date no refunds can be made. Substitutions can be made at any time, but the course organiser must be notified in writing at least seven days prior to the event.

### Programme and speakers changes

The organisers reserve the right to change the course sessions or speakers in case of illness or circumstances beyond their control.

### Insurance

The organisers do not accept responsibility for loss or damage to delegates own property and/or personal effects whilst at the course. The organisers do not accept responsibility for loss or damage to personal effects caused by events beyond their control, including (but without limitation) fire, flood, strikes, civil disturbances, or for consequential loss or damage of any kind whatsoever.

### Data protection

The Association of Breast Surgery will not release members' or delegates' details to any organisation, person or external body. The ABS will only contact non members with details of future events if they consent to receive this information when registering.

